

Charnwood AC Open - 25.8.18

75m U11G Heats Time :10:48

Heat:1 Wind : 2.9

1	7	Alesia De Mello Leitao	Charnwood A C	U11	F	11.12	q
2	384	Saskia De Mello Leitao	Charnwood A C	U11	F	11.62	q
3	350	Portia Gordon	Amber Valley and Erewash AC	U11	F	11.80	q
4	107	Emily Gibson	Saffron AC	U11	F	12.31	q
5	47	Caitlyn Brooks	Charnwood A C	U11	F	12.52	

75m U11G Heats Time :10:48

Heat:2 Wind : 1.8

1	334	Nell Desir	Cardiff Archers	U11	F	10.78	q
2	285	Lucy Hurst	Wreake and Soar Valley	U11	F	11.95	q
3	181	Imogen Saunders	Wreake and Soar Valley	U11	F	12.02	q
4	338	Niome Williams	Saffron AC	U11	F	12.40	q
5	418	Tonbara Tamuno	Notts AC	U11	F	12.65	

75m U11B Heats Time :11:07

Heat:1 Wind : 1.4

1	30	Anthony Cimurs	Charnwood A C	U11	M	10.95	q
2	158	Harrison Mccarter	Rugby and Northampton AC	U11	M	11.07	q
3	71	Christopher Pami	Saffron AC	U11	M	11.28	q
4	90	Edward Ducksbury	Retford AC	U11	M	11.41	q
5	12	Alexander Cimurs	Charnwood A C	U11	M	12.44	
	305	Matin Olfatzadeh	Saffron AC	U11	M	DNS	
	335	Nicholas Gudgeon	Saffron AC	U11	M	DNS	

75m U11B Heats Time :11:07

Heat:2 Wind : 1.7

1	134	Fisayo Atere	Derby AC	U11	M	11.10	q
2	377	Sam Spooner	Charnwood A C	U11	M	11.40	q
3	280	Luc Macleod	Banchory Stonehaven AC	U11	M	11.59	q
4	425	William Agar	Retford AC	U11	M	12.16	q
5	224	Joseph Grant	Amber Valley and Erewash AC	U11	M	13.04	
6	427	William Newman	Tamworth AC	U11	M	13.34	

100m U13-U15G Heats Time :11:25

Heat:1 Wind : 0.8

1	330	Mya Wright	Derby AC	U15	F	12.82	q
2	175	Hermarni Gordon	Amber Valley and Erewash AC	U15	F	12.91	q
3	392	Sienna Grant	Amber Valley and Erewash AC	U15	F	13.15	q
4	324	Millie Parker	Charnwood A C	U15	F	13.21	q
5	122	Etty Sisson	Charnwood A C	U15	F	13.38	q
6	104	Emily Buckler	Hinckley Running Club	U15	F	13.43	q
7	264	Layla Omar-Davies	Saffron AC	U15	F	13.45	q
8	292	Madeleine Tatham	Amber Valley and Erewash AC	U15	F	13.57	

100m U13-U15G Heats Time :11:25

Heat:2 Wind : 0.3

1	186	Isabelle Burlington	Mansfield Harriers	U13	F	13.49	q
2	400	Sophie Marshall	Retford AC	U15	F	13.87	
3	34	Arantxa Middleton	Tamworth AC	U15	F	13.93	
4	391	Shanice Ighalo	Rugby and Northampton AC	U13	F	13.95	
5	57	Cecilia Smyth	Amber Valley and Erewash AC	U13	F	14.15	
6	248	Katie Potts	Amber Valley and Erewash AC	U15	F	14.42	
7	179	Imogen Baugh	Saffron AC	U15	F	14.48	
8	348	Phoebe Clayton	Rushcliffe AC	U13	F	14.64	

100m U13-U15G Heats Time :11:25

Heat:3 Wind : 1.6

1	257	Kiyomi Topham	Wreake and Soar Valley	U13	F	13.74	
2	112	Emma Ashby	Wreake and Soar Valley	U15	F	13.85	
3	93	Eleanor Sabin	Amber Valley and Erewash AC	U15	F	14.40	
4	11	Alexa Gordon	Amber Valley and Erewash AC	U13	F	14.44	
5	31	Anya Swift	Amber Valley and Erewash AC	U15	F	14.47	
6	337	Nicole Bonser	Amber Valley and Erewash AC	U13	F	14.50	
7	387	Scarlett Lewin	Saffron AC	U15	F	14.56	
8	97	Ella Merrie	Ivanhoe Robins Junior AC	U13	F	15.08	

100m U13-U15G Heats Time :11:25

Heat:4 Wind : 2.2

1	165	Hayley Dimond	Marshall Milton Keynes AC	U13	F	14.28	
2	314	Megan Davis	Rushcliffe AC	U15	F	14.50	
3	406	Tavia Jamieson-Blunt	Saffron AC	U13	F	14.53	
4	269	Libby Doyle	Saffron AC	U13	F	14.68	
5	94	Elizabeth Felton	Burton AC	U13	F	14.71	
6	291	Maddie Furr	Saffron AC	U15	F	14.87	
7	125	Evie Donnelly	Charnwood A C	U13	F	15.06	
	178	Ila Thompson	Saffron AC	U15	F	DNS	

100m U13-U15G Heats Time :11:25

Heat:5 Wind : 0.3

1	394	Simran Saroya Watson	Birmingham Running Athletics and	U15	F	14.71	
2	436	Zoe Smith	Newark AC	U13	F	14.82	
3	323	Millie Mae John	Cannock and Stafford AC	U13	F	15.25	
4	343	Olivia Malpass	Cannock and Stafford AC	U13	F	15.33	
5	399	Sophie Gordon	Saffron AC	U13	F	15.43	
6	6	Alesha Williams	Saffron AC	U13	F	15.57	
	250	Katy Summers	Charnwood A C	U13	F	DNS	
	130	Faye Marshall	Retford AC	U13	F	DNS	

100m U13-U15G Heats Time :11:25

Heat:6 Wind : 3.6

1	274	Lola Evans	Wreake and Soar Valley	U13	F	15.01	
2	118	Erin Taylor	Wreake and Soar Valley	U13	F	15.35	
3	60	Charlotte Ducksbury	Retford AC	U15	F	15.36	
4	365	Ruby Chapman	Saffron AC	U13	F	15.95	

5	278	Louisa Naylor	Crewe and Nantwich AC	U13	F	16.23
	153	Hannah Foster	Retford AC	U13	F	DNS
	265	Leah Butterfill	Wreake and Soar Valley	U15	F	DNS

100m U13-U15B Heats Time :11:36

Heat:1 Wind : 2.0

1	85	David Seidu	Wreake and Soar Valley	U15	M	12.08	q
2	128	Fabian Powell	Corby AC	U13	M	12.13	q
3	402	Stephen McKenzie	Rugby and Northampton AC	U15	M	12.43	q
4	242	Karanjot Singh	Derby AC	U15	M	12.81	q
5	146	George Wilkinson	Amber Valley and Erewash AC	U15	M	12.98	q
6	277	Louis Bourke	Poole AC	U13	M	13.12	q
7	74	Cole Beck	Mansfield Harriers	U15	M	14.38	
	198	Jake Horvath-Szovati	Derby AC	U15	M	DNS	

100m U13-U15B Heats Time :11:36

Heat:2 Wind : 1.9

1	364	Rowan Williams	Charnwood A C	U13	M	13.13	q
2	230	Josh Burrows	Derby AC	U15	M	13.14	
3	340	Oliver Parker	Charnwood A C	U13	M	13.46	
4	268	Liam Hall	Saffron AC	U15	M	13.52	
5	299	Marcus Wright	Saffron AC	U15	M	13.78	
6	213	Jaydon Shaw	Saffron AC	U13	M	13.83	
7	395	Solomon Al-Salloum	Nuneaton Harriers	U15	M	14.23	
8	259	Luke Turner	Rugby and Northampton AC	U13	M	14.75	

100m U13-U15B Heats Time :11:36

Heat:3 Wind : 0.8

1	297	Marcus Deane	Wreake and Soar Valley	U15	M	12.95	q
2	159	Harry Carrott	Charnwood A C	U13	M	14.30	
3	13	Alexander Samuel	Saffron AC	U13	M	14.89	
4	111	Emlyn Brown	Charnwood A C	U13	M	15.08	
5	282	Lucas Geary	Wreake and Soar Valley	U13	M	15.17	
6	203	James Agar	Retford AC	U13	M	15.41	
7	411	Thomas Gleave	Retford AC	U13	M	15.42	
	79	Daniel Smith	Wreake and Soar Valley	U15	M	DNS	

100m U17W+ Heats Time :11:47

Heat:1 Wind : 2.9

1	170	Heather Paton	Birchfield Harriers	Sen	F	12.13	q
2	380	Samantha Griffiths	Cheltenham and County Harriers	Sen	F	12.34	q
3	171	Heidi Norgrove	Saffron AC	U20	F	12.81	q
4	119	Esmee Esho	Charnwood A C	U17	F	12.85	q
5	95	Elizabeth Truslove	Rugby and Northampton AC	U17	F	13.81	
6	62	Charlotte Wingfield	Malta	Sen	F	64.58	

100m U17W+ Heats Time :11:47

Heat:2 Wind : 1.0

1	183	Iola Grant	Rugby and Northampton AC	U17	F	13.32	q
2	129	Farrah Cook	Wreake and Soar Valley	U20	F	13.50	q

3	152	hannah booth	Rushcliffe AC	U17	F	13.56	q
4	237	Josie Orange	Wreake and Soar Valley	U17	F	13.87	
5	214	Jenni Sheppard	Wreake and Soar Valley	U17	F	13.97	
6	346	Paris Tiwana	Birchfield Harriers	U17	F	14.51	

100m U17W+ Heats Time :11:47

Heat:3 Wind : 3.9

1	14	Alivia Faulkner	Saffron AC	U17	F	13.61	q
2	88	Ebony White	Notts AC	U17	F	13.96	
3	352	Ravenn Cook	Wreake and Soar Valley	U17	F	14.37	
4	422	Vicki Lee	Northern Veterans AC	V55	F	16.03	
5	421	vanessa powell	Corby AC	V45	F	16.46	
	147	Georgiana Templeton	Retford AC	U17	F	DNS	

100m U17M+ Heats Time :12:08

Heat:1 Wind : 4.2

1	327	Morgan Amed	Coventry Godiva Harriers	U20	M	10.70	q
2	437	Yannick Phippen	Birchfield Harriers	SM	M	10.87	q
3	296	Makoye Kampengele	Cardiff AAC	Sen	M	10.92	q
4	3	Abdou Njie	Loughborough Students AC	Sen	M	11.00	q
5	420	Uyiosa Osawe	Coventry Godiva Harriers	Sen	M	11.02	q
6	222	Jonnie Peacock	Charnwood A C	Sen	M	11.07	q
7	333	Nathan Togun	Birchfield Harriers	Sen	M	11.15	q
8	196	Jaime Nalus	Rugby and Northampton AC	U20	M	11.22	q

100m U17M+ Heats Time :12:08

Heat:2 Wind : 3.3

1	17	Amara Thakker	Saffron AC	U17	M	11.24	
2	403	Stewart Marshall	Coventry Godiva Harriers	V35	M	11.28	
3	87	Ebenezer Nelson	Coventry Godiva Harriers	U20	M	11.33	
4	123	Euan Jones	Wreake and Soar Valley	U17	M	11.34	
5	439	Batetambe Tanya		0 U23	M	11.40	
6	331	Myles Lynch	Coventry Godiva Harriers	Sen	M	11.51	
7	304	Mathew Hall	Banbury Harriers AC	U20	M	11.56	
8	52	Cameron Darkin-Price	Charnwood A C	U20	M	11.65	

100m U17M+ Heats Time :12:08

Heat:3 Wind : 3.1

1	309	Matthew Kingsbury	Charnwood A C	U20	M	11.32	
2	39	Ben Clarke	University of Sheffield AC	Sen	M	11.53	
3	50	Callum James Dean	Grimsby Harriers AC	U17	M	11.67	
4	201	Jake Sisson	Charnwood A C	U17	M	11.70	
5	288	Luke Sayer	Newark AC	U20	M	11.86	
6	308	Matthew Edson	Doncaster AC	U17	M	12.03	
7	368	Russell Hingley	Bromsgrove and Redditch	V40	M	12.08	

100m U17M+ Heats Time :12:08

Heat:4 Wind : 3.2

1	236	Joshua Jolob	Charnwood A C	U17	M	11.29	
2	191	Jack Markham	Wreake and Soar Valley	Sen	M	11.59	

3	164	Hayden Walker	Leicester Coritanian AC	Sen	M	11.89
4	53	Cameron Nightingale	Notts AC	U17	M	11.91
5	83	David Naylor	Crewe and Nantwich AC	U17	M	12.24
6	190	Jack Graham	Grantham AC	U17	M	12.47
	49	Callum Holden	Coventry Godiva Harriers	U20	M	DNS

100m U17M+ Heats Time :12:08

Heat:5 Wind : 3.2

1	116	Emmanuel Osagiator-Obude	Saffron AC	U17	M	12.35
2	25	Andrew Li	University of Sheffield AC	Sen	M	12.42
3	1	Aammar Malik	Saffron AC	Sen	M	12.85
4	69	Christopher Kaonga	Saffron AC	U17	M	13.05
5	339	Ogie Imoedembe	Saffron AC	U17	M	13.13
6	404	Stuee Markham	Wreake and Soar Valley	V50	M	16.08
	359	Robert Sims	Amber Valley and Erewash AC	Sen	M	DNS

75m U11G Final Time :12:18

Heat:1 Wind : 2.4

1	334	Nell Desir	Cardiff Archers	U11	F	10.55
2	7	Alesia De Mello Leitao	Charnwood A C	U11	F	10.84
3	384	Saskia De Mello Leitao	Charnwood A C	U11	F	11.46
4	285	Lucy Hurst	Wreake and Soar Valley	U11	F	11.73
5	350	Portia Gordon	Amber Valley and Erewash AC	U11	F	11.82
6	181	Imogen Saunders	Wreake and Soar Valley	U11	F	11.93
7	107	Emily Gibson	Saffron AC	U11	F	12.21
8	338	Niome Williams	Saffron AC	U11	F	12.38

75m U11B Final Time :12:25

Heat:1 Wind : 3.4

1	30	Anthony Cimurs	Charnwood A C	U11	M	10.65
2	158	Harrison Mccarter	Rugby and Northampton AC	U11	M	10.72
3	134	Fisayo Atere	Derby AC	U11	M	10.85
4	71	Christopher Pami	Saffron AC	U11	M	11.15
5	377	Sam Spooner	Charnwood A C	U11	M	11.25
6	90	Edward Ducksbury	Retford AC	U11	M	11.32
7	280	Luc Macleod	Banchory Stonehaven AC	U11	M	11.35
8	425	William Agar	Retford AC	U11	M	12.01

100m U13-U15G Final Time :12:29

Heat:1 Wind : 2.7

1	330	Mya Wright	Derby AC	U15	F	12.84
2	392	Sienna Grant	Amber Valley and Erewash AC	U15	F	12.98
3	175	Hermarni Gordon	Amber Valley and Erewash AC	U15	F	12.98
4	324	Millie Parker	Charnwood A C	U15	F	13.08
5	186	Isabelle Burlington	Mansfield Harriers	U13	F	13.26
6	264	Layla Omar-Davies	Saffron AC	U15	F	13.31
7	104	Emily Buckler	Hinckley Running Club	U15	F	13.39
8	122	Etty Sisson	Charnwood A C	U15	F	13.45

100m U13-U15B Final Time :12:34

Heat:1 Wind : 4.5

1	85	David Seidu	Wreake and Soar Valley	U15	M	11.99
2	128	Fabian Powell	Corby AC	U13	M	12.01
3	402	Stephen McKenzie	Rugby and Northampton AC	U15	M	12.49
4	242	Karanjot Singh	Derby AC	U15	M	12.57
5	297	Marcus Deane	Wreake and Soar Valley	U15	M	12.65
6	277	Louis Bourke	Poole AC	U13	M	12.86
7	364	Rowan Williams	Charnwood A C	U13	M	12.88
8	146	George Wilkinson	Amber Valley and Erewash AC	U15	M	12.91

100m U17W+ Final Time :12:38

Heat:1 Wind : 0.4

1	380	Samantha Griffiths	Cheltenham and County Harriers	Sen	F	12.40
2	171	Heidi Norgrove	Saffron AC	U20	F	12.88
3	119	Esmee Esho	Charnwood A C	U17	F	12.94
4	183	Iola Grant	Rugby and Northampton AC	U17	F	13.48
5	152	hannah booth	Rushcliffe AC	U17	F	13.62
6	129	Farrah Cook	Wreake and Soar Valley	U20	F	13.68
7	14	Alivia Faulkner	Saffron AC	U17	F	13.81
	170	Heather Paton	Birchfield Harriers	Sen	F	DNS

100m U17M+ Final Time :12:43

Heat:1 Wind : 0.1

1	327	Morgan Amed	Coventry Godiva Harriers	U20	M	10.80
2	437	Yannick Phippen	Birchfield Harriers	SM	M	11.03
3	296	Makoye Kampengele	Cardiff AAC	Sen	M	11.04
4	3	Abdou Njie	Loughborough Students AC	Sen	M	11.08
5	420	Uyiosa Osawe	Coventry Godiva Harriers	Sen	M	11.08
6	196	Jaime Nalus	Rugby and Northampton AC	U20	M	11.20
7	333	Nathan Togun	Birchfield Harriers	Sen	M	11.31
8	222	Jonnie Peacock	Charnwood A C	Sen	M	11.34

3000m Time :13:14

Heat:1

1	84	David Pearce	Leicester Coritanian AC	V50	M	9:59.34
2	415	Tom Ellis	Notts AC	U15	M	10:21.88
3	283	Lucca Watson-Quilter	Wreake and Soar Valley	U17	M	10:28.75
4	353	Rebecca Gallop	Newark AC	Sen	F	10:29.06
5	56	Casarena Ferreira	Absolute Tri	U20	F	10:43.44
6	347	Peter McNally	Redhill Road Runners	V55	M	10:55.11
7	381	Samuel Bentley	Mansfield Harriers	U17	M	11:18.63
8	316	Mia France	Absolute Tri	U17	F	11:35.50
9	127	Ewan Rodell	Grantham AC	U15	M	11:44.77
10	180	Imogen Edwards	Rushcliffe AC	U15	F	11:54.33
11	63	Chloe Pettitt	Birchfield Harriers	U17	F	12:06.50

3000m Time :13:14

Heat:2

1	228	Joseph Tuffin	Rushcliffe AC	U20	M	9:00.88
2	413	Tim Hartley	Notts AC	V50	M	9:02.73

3	441	Milan Campion	Notts AC	U20	M	9:07.21
4	416	Tom Hughes	Leicester Coritanian AC	U20	M	9:21.13
5	246	Katie Holt	City of Stoke AC	Sen	F	9:21.29
6	374	Sam Marsh	Heanor Running Club	U17	M	9:27.41
7	218	Joel Dungworth	Leicester Coritanian AC	U20	M	9:34.29
8	65	Chris Mcmillan	Owls AC	Sen	M	9:46.30
9	2	Abayomi Adedimeji	Birmingham Running Athletics and	Sen	M	9:47.34
10	239	Juliet Potter	Charnwood A C	V35	F	9:49.35
11	75	Conall McNally	Redhill Road Runners	Sen	M	9:50.90
12	273	Lisa Palmer-Blount	Heanor Running Club	V40	F	9:51.26
13	405	Tate Emery Peters	Rushcliffe AC	U15	M	10:05.50
14	361	Roman Watson-Quilter	Wreake and Soar Valley	U17	M	10:21.12
15	430	Zach Spence	Wreake and Soar Valley	U17	M	10:25.51

70mH Time :13:23

Heat:1 Wind : 2.8

1	57	Cecilia Smyth	Amber Valley and Erewash AC	U13	F	12.40
2	326	Monique James-Thomas	Birmingham Running Athletics and	U13	F	13.58
3	94	Elizabeth Felton	Burton AC	U13	F	13.76
4	323	Millie Mae John	Cannock and Stafford AC	U13	F	14.63
5	6	Alesha Williams	Saffron AC	U13	F	14.99
6	278	Louisa Naylor	Crewe and Nantwich AC	U13	F	16.16

70mH Time :13:23

Heat:2 Wind : 0.5

1	151	Grace Evans	Coventry Godiva Harriers	U13	F	12.09
2	317	Mia Franco	Amber Valley and Erewash AC	U13	F	12.50
3	243	Katie Brant	Burton AC	U13	F	12.67
4	11	Alexa Gordon	Amber Valley and Erewash AC	U13	F	13.16
5	436	Zoe Smith	Newark AC	U13	F	13.20
6	269	Libby Doyle	Saffron AC	U13	F	13.32
7	290	Macy Hillier	WESPA Fire AC	U13	F	14.07

75mH Time :13:36

Heat:1 Wind : 0.4

1	19	Amelia Briggs-Goode	Notts AC	U15	F	11.71
2	215	Jessica Day	Nuneaton Harriers	U15	F	12.34
3	150	Grace Bennett	Amber Valley and Erewash AC	U15	F	13.79
4	103	Elsa Buchanan	Royal Sutton Coldfield AC	U15	F	14.08
5	258	Lara Evans	Cannock and Stafford AC	U15	F	14.26
6	434	Zara Buchanan	Royal Sutton Coldfield AC	U15	F	15.50

75mH Time :13:36

Heat:2 Wind : 4.0

1	148	Gerard Pami	Saffron AC	U13	M	12.79
2	120	Ethan Cook	Royal Sutton Coldfield AC	U13	M	13.88
3	382	Samuel Morrey	Leamington Cycling AC	U13	M	17.03

80mH Time :13:44

Heat:1 Wind : 3.6

1	143	George Toom-Smith	Notts AC	U15	M	12.79
2	146	George Wilkinson	Amber Valley and Erewash AC	U15	M	13.45
3	299	Marcus Wright	Saffron AC	U15	M	14.10
4	352	Ravenn Cook	Wreake and Soar Valley	U17	F	16.29
	147	Georgiana Templeton	Retford AC	U17	F	DNS

100mH Time :13:57

Heat:1 Wind : 1.3

1	170	Heather Paton	Birchfield Harriers	Sen	F	13.57
2	83	David Naylor	Crewe and Nantwich AC	U17	M	14.92
3	414	Tobie Watson	Telford AC	U17	M	15.16

110mH Time :14:07

Heat:1 Wind : 1.1

1	389	Scott Ram	Amber Valley and Erewash AC	U20	M	15.62
	8	Alex Clegg	Birmingham Running Athletics and	Sen	M	DNF

800m Time :14:37

Heat:1

1	401	Sophie Perry	Tamworth AC	U17	F	2:42.94
2	27	Angela Jille	Saffron AC	U17	F	2:45.37
3	344	Olivia Mcfarlane	Wreake and Soar Valley	U13	F	2:46.96
4	204	James Berry	Rushcliffe AC	U13	M	2:50.93
5	369	Ruth Brandon	Holme Pierrepont Running Club	V45	F	2:51.49
6	192	Jacob Gosnall	Birmingham Running Athletics and	U13	M	2:56.42
7	318	Mia Sutton	Charnwood A C	U13	F	3:00.33
8	117	Erin Barwell	Lincoln Wellington AC	U13	F	3:01.18
9	32	Aoife Brotherton	Wreake and Soar Valley	U15	F	3:01.62
10	295	Maisie Goddard	Wreake and Soar Valley	U20	F	3:02.95

800m Time :14:37

Heat:2

1	206	James Fee	Retford AC	U13	M	2:35.12
2	322	Millie Holding	City of Stoke AC	U15	F	2:35.99
3	91	Eleanor Harwood	Saffron AC	U15	F	2:36.58
4	366	Ruby Milnes	Mansfield Harriers	U13	F	2:38.10
5	43	Beverley Armstrong	Mansfield Harriers	V40	F	2:40.00
6	270	Lilia Harris	Rotherham Harriers AC	U13	F	2:42.02
7	22	Amelia Topliss	Rotherham Harriers AC	U13	F	2:42.16
8	238	Julia Grosvenor	Leeds City AC	U15	F	2:42.52
9	286	Lucy Salter	Crewe and Nantwich AC	U13	F	2:43.46
10	55	Carmen Jackson	Amber Valley and Erewash AC	U13	F	2:43.50
11	223	Joseph Bennett	Amber Valley and Erewash AC	U13	M	2:43.95
12	124	Eve Rowley	Saffron AC	U13	F	2:45.08

800m Time :14:37

Heat:3

1	311	Matthew Tyler	Rushcliffe AC	U15	M	2:19.14
2	35	Archie England	Birchfield Harriers	U15	M	2:24.26
3	287	Luke Parker	Rotherham Harriers AC	U13	M	2:25.17

4	9	Alex Foster	Mansfield Harriers	U13	F	2:28.73
5	341	Olivia Bonshor	Charnwood A C	U15	F	2:29.20
6	249	Katie Williams	City of Stoke AC	U15	F	2:29.22
7	276	Lottie McLaren	Tamworth AC	U13	F	2:34.19
8	109	Emily Reed	Coventry Godiva Harriers	U17	F	2:34.40
9	385	Savana Smith	Charnwood A C	U13	F	2:34.99

800m Time :14:37

Heat:4

1	121	Ethan O'Shea	Charnwood A C	U17	M	1:58.53
2	442	Daniel Maud	Charnwood A C	U20	M	1:58.60
3	72	Clark Roberts	Coventry Godiva Harriers	Sen	M	2:00.75
4	163	Hassan Mahamoud	Notts AC	Sen	M	2:01.24
5	319	Michael Hopkins	Mansfield Harriers	U17	M	2:08.87
6	66	Chris Nealon	Wreake and Soar Valley	U20	M	2:09.66
7	313	Max Shilton	Rushcliffe AC	U20	M	2:11.24
8	298	Marcus Francis	Charnwood A C	U17	M	2:12.73
9	312	Max Potter	Charnwood A C	U15	M	2:16.56
10	197	Jake Greenhalgh	Mansfield Harriers	U13	M	2:19.14
11	410	Thomas Dixon	Charnwood A C	U15	M	2:22.04
12	251	Keiran Ashman	Rugby and Northampton AC	U13	M	2:22.70

400m Time :15:18

Heat:1

1	233	Joshua Clee	Newark AC	U13	M	67.26
2	336	Nicola Brady	Tamworth AC	V35	F	67.75
3	145	George Wallace	Unattached	U13	M	71.81
4	172	Henry Carlile	Hinckley Running Club	U13	M	79.00
5	245	Katie Holmes	Holme Pierrepoint Running Club	V55	F	86.24
	227	Joseph Pointon	Wreake and Soar Valley	U13	M	DNS
	358	Rob Gooch	Kimberley and District Striders	V55	M	DNS

400m Time :15:18

Heat:2

1	82	Darryl Pigott	Notts AC	V50	M	59.93
2	307	Matt Tagg	Notts AC	U15	M	60.56
3	219	Joel Kilford	Notts AC	U17	M	60.96
4	190	Jack Graham	Grantham AC	U17	M	61.25
5	176	Holly Horton	University of Sheffield AC	U20	F	64.64
6	194	Jacqueline Michael	Hallamshire Harriers Sheffield	Sen	F	66.71
	302	Martin Phillips	Rushcliffe AC	V60	M	DNS

400m Time :15:18

Heat:3

1	225	Joseph Holmes	Grantham AC	Sen	M	55.49
2	372	Sam Batchelor	Saffron AC	U20	M	56.49
3	255	Kieran Gillespie	Grimsby Harriers AC	U20	M	57.98
4	154	Hannah Malpass	Cannock and Stafford AC	U20	F	60.07
5	272	Lily Gregory	Charnwood A C	U17	F	60.82
	169	Heather Carson	University of Sheffield AC	Sen	F	DNS

400m Time :15:18

Heat:4

1	389	Scott Ram	Amber Valley and Erewash AC	U20	M	53.97
2	78	Daniel Sepede	Charnwood A C	U17	M	55.54
3	26	Andrew Woods	Tamworth AC	U20	M	56.51
4	288	Luke Sayer	Newark AC	U20	M	57.10
	306	Matt Graham	University of Sheffield AC	Sen	M	DNS
	244	Katie Garland	Brighton and Hove AC	Sen	F	DNS

400m Time :15:18

Heat:5

1	408	Thomas Appleyard	Liverpool Harriers AC	Sen	M	50.23
2	407	Thomas Ainsworth	Tamworth AC	Sen	M	50.31
3	403	Stewart Marshall	Coventry Godiva Harriers	V35	M	50.71
4	87	Ebenezer Nelson	Coventry Godiva Harriers	U20	M	51.06
5	235	Joshua Hale	Birmingham Running Athletics and	U17	M	51.27
6	371	Ryan Elston	Charnwood A C	U17	M	52.15
7	310	Matthew Salkeld	Border Harriers and AC	Sen	M	52.23

150m Time :15:37

Heat:1 Wind : 0.9

1	334	Nell Desir	Cardiff Archers	U11	F	21.18
2	7	Alesia De Mello Leitao	Charnwood A C	U11	F	22.21
3	285	Lucy Hurst	Wreake and Soar Valley	U11	F	24.49
4	397	Sophia Wrightam	Hinckley Running Club	U11	F	26.57
5	335	Nicholas Gudgeon	Saffron AC	U11	M	27.23

150m Time :15:37

Heat:2 Wind : 0.6

1	384	Saskia De Mello Leitao	Charnwood A C	U11	F	23.53
2	181	Imogen Saunders	Wreake and Soar Valley	U11	F	23.85
3	47	Caitlyn Brooks	Charnwood A C	U11	F	25.27
4	300	Maria Pointon	Wreake and Soar Valley	U11	F	27.06

150m Time :15:37

Heat:3 Wind : 0.6

1	71	Christopher Pami	Saffron AC	U11	M	22.61
2	280	Luc Macleod	Banchory Stonehaven AC	U11	M	22.82
3	134	Fisayo Atere	Derby AC	U11	M	22.83
4	90	Edward Ducksbury	Retford AC	U11	M	23.10
5	425	William Agar	Retford AC	U11	M	25.39
6	59	Charlie Yates	Nuneaton Harriers	U11	M	26.23
7	224	Joseph Grant	Amber Valley and Erewash AC	U11	M	26.30
	158	Harrison Mccarter	Rugby and Northampton AC	U11	M	DNS

200m Time :16:23

Heat:1 Wind : 0.9

1	282	Lucas Geary	Wreake and Soar Valley	U13	M	31.93
2	274	Lola Evans	Wreake and Soar Valley	U13	F	31.94

3	60	Charlotte Ducksbury	Retford AC	U15	F	32.67
4	318	Mia Sutton	Charnwood A C	U13	F	33.87
5	365	Ruby Chapman	Saffron AC	U13	F	34.30
6	421	vanessa powell	Corby AC	V45	F	35.31
	13	Alexander Samuel	Saffron AC	U13	M	DNS
	399	Sophie Gordon	Saffron AC	U13	F	DNS

200m Time :16:23

Heat:2 Wind : 3.3

1	387	Scarlett Lewin	Saffron AC	U15	F	30.03
2	394	Simran Saroya Watson	Birmingham Running Athletics and	U15	F	30.44
3	29	Ani Mcfarlane	Wreake and Soar Valley	U15	F	30.73
4	223	Joseph Bennett	Amber Valley and Erewash AC	U13	M	31.10
5	344	Olivia Mcfarlane	Wreake and Soar Valley	U13	F	31.50
6	295	Maisie Goddard	Wreake and Soar Valley	U20	F	33.05
7	22	Amelia Topliss	Rotherham Harriers AC	U13	F	34.48
	130	Faye Marshall	Retford AC	U13	F	DNS

200m Time :16:23

Heat:3 Wind : 1.8

1	269	Libby Doyle	Saffron AC	U13	F	30.58
2	240	Kacea Moss	Wreake and Soar Valley	U17	F	30.84
3	436	Zoe Smith	Newark AC	U13	F	31.25
4	106	Emily Fee	Retford AC	U17	F	31.61
5	184	Isabella Toon	Saffron AC	U13	F	31.69
6	203	James Agar	Retford AC	U13	M	31.98
	411	Thomas Gleave	Retford AC	U13	M	DNS
	144	George Wallace	Unattached	U13	M	DNS

200m Time :16:23

Heat:4 Wind : 0.2

1	268	Liam Hall	Saffron AC	U15	M	28.33
2	88	Ebony White	Notts AC	U17	F	29.22
3	213	Jaydon Shaw	Saffron AC	U13	M	30.17
4	151	Grace Evans	Coventry Godiva Harriers	U13	F	30.22
5	76	Daisy Kaye	Amber Valley and Erewash AC	U13	F	30.37
6	375	Sam Orange	Wreake and Soar Valley	U13	M	31.17
	321	Michaela Knight	Charnwood A C	U20	F	DNS
	286	Lucy Salter	Crewe and Nantwich AC	U13	F	DNS

200m Time :16:23

Heat:5 Wind : 1.8

1	131	Fenella Downes	Rugby and Northampton AC	U17	F	27.74
2	257	Kiyomi Topham	Wreake and Soar Valley	U13	F	29.40
3	317	Mia Franco	Amber Valley and Erewash AC	U13	F	29.88
4	179	Imogen Baugh	Saffron AC	U15	F	30.18
5	178	Ila Thompson	Saffron AC	U15	F	30.21
6	133	Fiona Palmer	Notts AC	V50	F	30.30
	276	Lottie McLaren	Tamworth AC	U13	F	DNS
	33	Arabella Findlay	Rushcliffe AC	U15	F	DNS

200m Time :16:23

Heat:6 Wind : 0.6

1	19	Amelia Briggs-Goode	Notts AC	U15	F	27.65
2	14	Alivia Faulkner	Saffron AC	U17	F	28.43
3	211	Jamie Hurst	Wreake and Soar Valley	U15	M	28.58
4	294	Madison Torbitt	Wreake and Soar Valley	U15	F	28.66
5	112	Emma Ashby	Wreake and Soar Valley	U15	F	29.28
6	54	Cara Brown	Cannock and Stafford AC	U20	F	29.32
7	140	Gabrielle Black	Saffron AC	U15	F	30.04
8	348	Phoebe Clayton	Rushcliffe AC	U13	F	30.29

200m Time :16:23

Heat:7 Wind : -1.5

1	364	Rowan Williams	Charnwood A C	U13	M	27.57
2	188	Isobel Orencas	Wreake and Soar Valley	U15	F	27.72
3	212	Jasmine Greenaway	Charnwood A C	U17	F	27.90
4	104	Emily Buckler	Hinckley Running Club	U15	F	27.99
5	74	Cole Beck	Mansfield Harriers	U15	M	28.20
6	186	Isabelle Burlington	Mansfield Harriers	U13	F	28.22
7	122	Etty Sisson	Charnwood A C	U15	F	28.22
8	324	Millie Parker	Charnwood A C	U15	F	28.45

200m Time :16:23

Heat:8 Wind : 0.8

1	219	Joel Kilford	Notts AC	U17	M	25.77
2	42	Bernice Wilson	Boston and District AC	Sen	F	26.98
3	330	Mya Wright	Derby AC	U15	F	27.00
4	119	Esmee Esho	Charnwood A C	U17	F	27.22
5	16	Amanda Ofori-Amoako	Saffron AC	U15	F	27.49
6	264	Layla Omar-Davies	Saffron AC	U15	F	27.60
7	392	Sienna Grant	Amber Valley and Erewash AC	U15	F	27.76
	237	Josie Orange	Wreake and Soar Valley	U17	F	DNS

200m Time :16:23

Heat:9 Wind : 0.1

1	17	Amara Thakker	Saffron AC	U17	M	23.14
2	429	Yohan Bharucha	Wreake and Soar Valley	U17	M	25.70
3	230	Josh Burrows	Derby AC	U15	M	26.24
4	128	Fabian Powell	Corby AC	U13	M	26.34
5	210	Jamie Carrott	Charnwood A C	U15	M	26.40
6	414	Tobie Watson	Telford AC	U17	M	26.40
7	69	Christopher Kaonga	Saffron AC	U17	M	27.42
	49	Callum Holden	Coventry Godiva Harriers	U20	M	DNS

200m Time :16:23

Heat:10 Wind : 1.4

1	236	Joshua Jolob	Charnwood A C	U17	M	23.02
2	25	Andrew Li	University of Sheffield AC	Sen	M	24.95
3	402	Stephen McKenzie	Rugby and Northampton AC	U15	M	24.99

4	85	David Seidu	Wreake and Soar Valley	U15	M	25.45
5	380	Samantha Griffiths	Cheltenham and County Harriers	Sen	F	25.81
6	143	George Toom-Smith	Notts AC	U15	M	27.26
	198	Jake Horvath-Szovati	Derby AC	U15	M	DNS

200m Time :16:23

Heat:11 Wind : 2.2

1	52	Cameron Darkin-Price	Charnwood A C	U20	M	23.65
2	53	Cameron Nightingale	Notts AC	U17	M	23.76
3	191	Jack Markham	Wreake and Soar Valley	Sen	M	23.77
4	164	Hayden Walker	Leicester Coritanian AC	Sen	M	24.49
5	308	Matthew Edson	Doncaster AC	U17	M	24.62
6	208	James Malpass	Cannock and Stafford AC	U15	M	24.78
7	368	Russell Hingley	Bromsgrove and Redditch	V40	M	24.79

200m Time :16:23

Heat:12 Wind : 1.7

1	234	Joshua Clydesdale	Charnwood A C	Sen	M	23.00
2	123	Euan Jones	Wreake and Soar Valley	U17	M	23.48
3	39	Ben Clarke	University of Sheffield AC	Sen	M	23.65
4	426	William Dean	Rugby and Northampton AC	U17	M	23.65
5	309	Matthew Kingsbury	Charnwood A C	U20	M	23.68
6	50	Callum James Dean	Grimsby Harriers AC	U17	M	23.72
	62	Charlotte Wingfield	Malta	Sen	F	DNS

200m Time :16:23

Heat:13 Wind : 0.5

1	48	Caleb Downes	Rugby and Northampton AC	Sen	M	21.62
2	327	Morgan Amed	Coventry Godiva Harriers	U20	M	21.64
3	437	Yannick Phippen	Birchfield Harriers	SM	M	22.50
4	3	Abdou Njie	Loughborough Students AC	Sen	M	22.62
5	296	Makoye Kampengele	Cardiff AAC	Sen	M	22.91
6	331	Myles Lynch	Coventry Godiva Harriers	Sen	M	23.46
7	304	Mathew Hall	Banbury Harriers AC	U20	M	23.62
	388	Scott Gunning	Swindon Harriers	Sen	M	DNS

600m Time :16:36

Heat:1

1	181	Imogen Saunders	Wreake and Soar Valley	U11	F	1:58.29
2	285	Lucy Hurst	Wreake and Soar Valley	U11	F	2:03.55
3	102	Eloise Geary	Wreake and Soar Valley	U11	M	2:04.15
4	107	Emily Gibson	Saffron AC	U11	F	2:11.11
5	338	Niome Williams	Saffron AC	U11	F	2:13.91
6	397	Sophia Wrightam	Hinckley Running Club	U11	F	2:14.60
7	47	Caitlyn Brooks	Charnwood A C	U11	F	2:15.09
8	300	Maria Pointon	Wreake and Soar Valley	U11	F	2:18.73

600m Time :16:36

Heat:2

1	200	Jake Parker	Rotherham Harriers AC	U11	M	1:54.25
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2	280	Luc Macleod	Banchory Stonehaven AC	U11	M	1:59.17
3	325	Milo Brotherton	Wreake and Soar Valley	U11	M	2:03.12
4	59	Charlie Yates	Nuneaton Harriers	U11	M	2:05.61
5	393	Simeon Swain	Birchfield Harriers	U11	M	2:14.92
6	149	Gino Franco	Amber Valley and Erewash AC	U11	M	2:20.95
7	335	Nicholas Gudgeon	Saffron AC	U11	M	2:26.75
	305	Matin Olfatzadeh	Saffron AC	U11	M	DNS

1500m Time :17:02

Heat:1

1	36	Aria Aberley-Barker	City of Stoke AC	U13	F	5:06.37
2	342	Olivia Hare	Mansfield Harriers	U15	F	5:21.88
3	279	Louise Hirst	Sleaford Striders AC	U13	F	5:24.02
4	96	Ella Kennedy	Mansfield Harriers	U13	F	5:26.61
5	61	Charlotte Perry	Tamworth AC	U17	F	5:28.56
6	345	Paige Barker	Burton AC	U13	F	5:29.65
7	108	Emily Langley	Rugby and Northampton AC	U13	F	5:33.19
8	260	Lara Turner	Rugby and Northampton AC	U13	F	5:39.11
9	135	Francesca Howett	Amber Valley and Erewash AC	U15	F	5:42.09
10	363	Rosie Ashmore	Wreake and Soar Valley	U13	F	5:42.31
11	332	Natasha McBride	Lincoln Wellington AC	U13	F	5:48.82
12	382	Samuel Morrey	Leamington Cycling AC	U13	M	6:01.49

1500m Time :17:02

Heat:2

1	378	Sam Yates	Nuneaton Harriers	U15	M	4:48.98
2	81	Daniel Van Aardt	Wreake and Soar Valley	U13	M	4:49.54
3	173	Henry Herries	Wreake and Soar Valley	U15	M	4:52.04
4	174	Henry Samkin	Lincoln Wellington AC	U13	M	4:55.97
5	20	Amelia Chrispin	Newark AC	U15	F	5:00.47
6	199	Jake Orr	Mansfield Harriers	U13	M	5:01.89
7	182	India Barwell	Lincoln Wellington AC	U15	F	5:03.95
8	168	Hayley Winters	Gloucester AC	V35	F	5:04.10
9	226	Joseph Monk	Newark AC	U13	M	5:06.87
10	209	James Rouse	Derby AC	U13	M	5:07.72
11	290	Macy Hillier	WESPA Fire AC	U13	F	5:07.89
12	21	Amelia Starling	Coventry Godiva Harriers	U20	F	5:15.40
13	185	Isabella Wrightam	Wreake and Soar Valley	U13	F	5:17.51
14	105	Emily Crookes	Lincoln Wellington AC	U15	F	5:17.55
15	220	Jonathan Howkins	Amber Valley and Erewash AC	U17	M	5:20.54
16	136	Frankie Berry	Rushcliffe AC	U15	F	5:29.25

1500m Time :17:02

Heat:3

1	86	Dean Richardson	City of Stoke AC	V45	M	4:15.90
2	423	Vincent Dawson	Charnwood A C	U17	M	4:20.30
3	205	James Douglas	Charnwood A C	V45	M	4:25.97
4	373	Sam Kenmore	City Of Norwich AC	Sen	M	4:29.73
5	80	Daniel Swain	Birchfield Harriers	U17	M	4:31.57
6	362	Rori Rodell	Grantham AC	U17	M	4:33.37

7	424	Will Bloom	Lincoln Wellington AC	U15	M	4:35.10
8	432	Zak Ferguson	City of Sheffield and Dearne AC	U13	M	4:37.01
9	89	Ed Wilson	City of Stoke AC	V35	M	4:37.45
10	231	Josh McBride	Lincoln Wellington AC	U15	M	4:38.67
11	284	Lucy Hayes	City of Stoke AC	Sen	F	4:41.22
12	142	Geoff Lowry	Amber Valley and Erewash AC	V55	M	4:42.75
13	18	Amber Scott	Mansfield Harriers	U20	F	4:44.57
14	266	Leni Scott	City of Sheffield and Dearne AC	U13	M	4:46.12
15	8	Alex Clegg	Birmingham Running Athletics and	Sen	M	4:49.98

300m Time :17:12

Heat:1

1	251	Keiran Ashman	Rugby and Northampton AC	U13	M	44.79
2	35	Archie England	Birchfield Harriers	U15	M	45.92
3	120	Ethan Cook	Royal Sutton Coldfield AC	U13	M	48.88
4	206	James Fee	Retford AC	U13	M	50.40
5	106	Emily Fee	Retford AC	U17	F	52.84
	192	Jacob Gosnall	Birmingham Running Athletics and	U13	M	DNS

300m Time :17:12

Heat:2

1	188	Isobel Orencas	Wreake and Soar Valley	U15	F	43.07
2	435	Zena Challenger	Wreake and Soar Valley	U17	F	43.54
3	34	Arantxa Middleton	Tamworth AC	U15	F	45.00
4	294	Madison Torbitt	Wreake and Soar Valley	U15	F	45.57
5	379	Samantha Dyson	Saffron AC	U17	F	46.84
	103	Elsa Buchanan	Royal Sutton Coldfield AC	U15	F	DNS

300m Time :17:12

Heat:3

1	101	Elliott Powell	Corby AC	U15	M	40.10
2	281	Lucas Dixon	Saffron AC	U15	M	41.20
3	242	Karanjot Singh	Derby AC	U15	M	41.64
4	289	Lydia Bonshor	Charnwood A C	U17	F	43.17
5	292	Madeleine Tatham	Amber Valley and Erewash AC	U15	F	45.61
	98	Ellie Jane Odlin	Louth AC	U17	F	DNS

1 Mile Time :17:26

Heat:1

1	412	Thomas Gostelow	Charnwood A C	U20	M	4:31.88
2	68	Christian Howett	Amber Valley and Erewash AC	U20	M	4:34.52
3	189	Jack Dakin	Derby AC	Sen	M	4:51.49
4	301	Martin Kerr	Shelton Striders	V35	M	4:55.71
5	51	Calvin Scoltock	Bromsgrove and Redditch	V45	M	4:56.78
6	430	Zach Spence	Wreake and Soar Valley	U17	M	5:08.25
7	320	Michael Kingsbury	Charnwood A C	V50	M	5:09.12
8	360	Robert Stewart	Holme Pierrepont Running Club	V45	M	5:17.02
9	369	Ruth Brandon	Holme Pierrepont Running Club	V45	F	6:24.65
10	28	Angus Spence	Birstall Running Club	V35	M	6:34.16
11	245	Katie Holmes	Holme Pierrepont Running Club	V55	F	6:58.77

Discus <30m

1	288	Luke Sayer	Newark AC	U20	M	29.70
2	138	Freddie Burton	Derby AC	U17	M	29.44
3	45	Brian Bowley	Burton AC	V70	M	24.15
4	141	Gemma Barnsdale	Lincoln Wellington AC	U20	F	22.57
5	44	Bob Sims	Chesterfield and District AC	V60	M	22.25
6	293	Madeline Hughes	Royal Sutton Coldfield AC	U15	F	21.83
7	187	Isabelle Fellows	Chesterfield and District AC	U13	F	21.68
8	122	Etty Sisson	Charnwood A C	U15	F	20.66
9	165	Hayley Dimond	Marshall Milton Keynes AC	U13	F	20.48
10	400	Sophie Marshall	Retford AC	U15	F	18.80
11	157	Harriet Maxwell	Rushcliffe AC	U13	F	17.40
12	259	Luke Turner	Rugby and Northampton AC	U13	M	16.63
13	279	Louise Hirst	Sleaford Striders AC	U13	F	15.07
14	248	Katie Potts	Amber Valley and Erewash AC	U15	F	14.34
15	193	Jacob Peers-Wain	Chesterfield and District AC	U13	M	13.86
16	267	Lesley Bowley	Burton AC	V55	F	12.37

Triple Jump

1	137	Fraser Kesteven	Notts AC	Sen	M	12.87
2	99	Elliot Hall	Charnwood A C	U17	M	11.05
3	357	Rimini Miloro	Notts AC	Sen	F	10.38
4	386	Savannah Storey	Worksop Harriers	U17	F	9.59
5	351	Radina Gibb	Notts AC	U20	F	8.89

Pole Vault <3m

1	288	Luke Sayer	Newark AC	U20	M	2.90
2	54	Cara Brown	Cannock and Stafford AC	U20	F	2.60
3	263	Lauren Owens	Newark AC	U17	F	2.60
4	438	William Jagger	Lincoln Wellington AC	U15	M	2.60
5	77	Dalila Watson	Charnwood A C	U17	F	2.50
6	139	Gabriella Wilson	Amber Valley and Erewash AC	U15	F	2.40
7	15	Alys Clarke	Leamington Cycling AC	U15	F	2.30
8	264	Layla Omar-Davies	Saffron AC	U15	F	2.30
9	166	Hayley Fox	Lincoln Wellington AC	V40	F	2.20
10	431	Zack Michalowski	Charnwood A C	U15	M	2.10
11	132	Finn Williams-Stein	Leamington Cycling AC	U11	M	2.00
12	110	Emily Sherriff	Notts AC	U15	F	2.00
13	117	Erin Barwell	Lincoln Wellington AC	U13	F	1.80
14	396	Sophia Howard	Vegetarian Cycling and AC	V50	F	1.70

Long Jump F <4m

1	314	Megan Davis	Rushcliffe AC	U15	F	4.40
2	279	Louise Hirst	Sleaford Striders AC	U13	F	4.13
3	348	Phoebe Clayton	Rushcliffe AC	U13	F	4.04
4	323	Millie Mae John	Cannock and Stafford AC	U13	F	3.74
5	125	Evie Donnelly	Charnwood A C	U13	F	3.67
6	343	Olivia Malpass	Cannock and Stafford AC	U13	F	3.57
7	421	vanessa powell	Corby AC	V45	F	3.43

8	350	Portia Gordon	Amber Valley and Erewash AC	U11	F	3.40
9	60	Charlotte Ducksbury	Retford AC	U15	F	3.34
10	107	Emily Gibson	Saffron AC	U11	F	3.29
11	418	Tonbara Tamuno	Notts AC	U11	F	3.16
12	384	Saskia De Mello Leitao	Charnwood A C	U11	F	2.78
13	338	Niome Williams	Saffron AC	U11	F	2.53

Discus 30m+

1	195	Jade Lally	Shaftesbury Barnet Harriers	Sen	F	56.14
2	390	Shadine Duquemin	Shaftesbury Barnet Harriers	Sen	F	51.47
3	10	Alex Hamling	Rugby and Northampton AC	U20	M	40.63
4	113	Emma Botham	Chesterfield and District AC	U20	F	39.02
5	114	Emma Dakin	Rotherham Harriers AC	U20	F	39.01
6	201	Jake Sisson	Charnwood A C	U17	M	38.48
7	52	Cameron Darkin-Price	Charnwood A C	U20	M	36.49
8	417	Tom Pearson	Charnwood A C	Sen	M	36.31
9	41	Benjamin Acton	Burton AC	U20	M	35.40
10	70	Christopher Kay	Leicester Coritanian AC	Sen	M	34.60
11	232	Josh Orme-Herbert	Charnwood A C	U20	M	34.44
12	8	Alex Clegg	Birmingham Running Athletics and	Sen	M	33.80
13	5	Aimee Fellows	Chesterfield and District AC	U20	F	33.35
14	433	Zara Acton	Burton AC	U17	F	31.60
15	321	Michaela Knight	Charnwood A C	U20	F	29.92
16	207	James Gillespie	Eastern Veterans AC	V55	M	25.58

Hammer <40m

1	293	Madeline Hughes	Royal Sutton Coldfield AC	U15	F	37.03
2	64	Chloe Rowberry	Newark AC	U20	F	28.19
3	141	Gemma Barnsdale	Lincoln Wellington AC	U20	F	27.47
4	428	Wyatt Larkins	Braintree and District AC	U13	M	26.26
5	31	Anya Swift	Amber Valley and Erewash AC	U15	F	23.94
6	271	Lily Clarke	Leamington Cycling AC	U17	F	22.51
7	93	Eleanor Sabin	Amber Valley and Erewash AC	U15	F	20.04
8	193	Jacob Peers-Wain	Chesterfield and District AC	U13	M	16.35

High Jump F

1	19	Amelia Briggs-Goode	Notts AC	U15	F	1.45
2	370	Ruth Winfield	Wolverhampton and Bilston	U13	F	1.40
3	258	Lara Evans	Cannock and Stafford AC	U15	F	1.40
4	92	Eleanor Orme-Herbert	Charnwood A C	U13	F	1.30
5	326	Monique James-Thomas	Birmingham Running Athletics and	U13	F	1.30
6	94	Elizabeth Felton	Burton AC	U13	F	1.25
7	76	Daisy Kaye	Amber Valley and Erewash AC	U13	F	1.25
8	165	Hayley Dimond	Marshall Milton Keynes AC	U13	F	1.20
9	365	Ruby Chapman	Saffron AC	U13	F	1.20
10	6	Alesha Williams	Saffron AC	U13	F	1.15
11	396	Sophia Howard	Vegetarian Cycling and AC	V50	F	1.10

Long Jump M <5m

1	213	Jaydon Shaw	Saffron AC	U13	M	4.81
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2	277	Louis Bourke	Poole AC	U13	M	4.62
3	340	Oliver Parker	Charnwood A C	U13	M	4.57
4	159	Harry Carrott	Charnwood A C	U13	M	4.40
5	362	Rori Rodell	Grantham AC	U17	M	4.36
6	82	Darryl Pigott	Notts AC	V50	M	4.16
7	431	Zack Michalowski	Charnwood A C	U15	M	4.11
8	375	Sam Orange	Wreake and Soar Valley	U13	M	4.00
9	206	James Fee	Retford AC	U13	M	3.9
10	411	Thomas Gleave	Retford AC	U13	M	3.85
11	172	Henry Carlile	Hinckley Running Club	U13	M	3.78
12	144	George Wallace	Unattached	U13	M	3.72
13	356	Richard Brotherton	Wreake and Soar Valley	U13	M	3.68
14	134	Fisaya Atere	Derby AC	U11	M	3.60
15	100	Elliot Taylor	Charnwood A C	U13	M	3.51
16	325	Milo Brotherton	Wreake and Soar Valley	U11	M	3.16
17	203	James Agar	Retford AC	U13	M	3.16
18	149	Gino Franco	Amber Valley and Erewash AC	U11	M	2.96
19	425	William Agar	Retford AC	U11	M	2.90

Pole Vault 3m+

1	202	Jake Watson	Telford AC	U20	M	4.30
2	167	Hayley Mills	Notts AC	Sen	F	3.40
3	8	Alex Clegg	Birmingham Running Athletics and	Sen	M	3.40
4	409	Thomas Benfield	Burton AC	U20	M	3.10
5	4	Adie White	Lincoln Wellington AC	V45	M	3.00

Hammer 40m+

1	247	Katie Lambert	Kidderminster and Stourport	Sen	F	56.85
2	315	Megan Larkins	Braintree and District AC	Sen	F	56.33
3	256	Kirsty Finlay	Notts AC	U17	F	52.65
4	162	Harry Ilyk	Notts AC	U20	M	49.93
5	262	Lauren Hill	Chesterfield and District AC	U20	F	49.12
6	229	Josephine Larkins	Braintree and District AC	U17	F	43.14
7	417	Tom Pearson	Charnwood A C	Sen	M	41.56
8	252	Kelly Lawrence	Nene Valley Harriers	Sen	F	40.98
9	349	Poppy Bean	Notts AC	U20	F	39.75

Shot <10m

1	175	Hermarni Gordon	Amber Valley and Erewash AC	U15	F	9.35
2	293	Madeline Hughes	Royal Sutton Coldfield AC	U15	F	8.50
3	15	Alys Clarke	Leamington Cycling AC	U15	F	8.39
4	326	Monique James-Thomas	Birmingham Running Athletics and	U13	F	8.15
5	400	Sophie Marshall	Retford AC	U15	F	8.11
6	45	Brian Bowley	Burton AC	V70	M	8.09
7	354	Rebecca Preece	Charnwood A C	U15	F	7.59
8	337	Nicole Bonser	Amber Valley and Erewash AC	U13	F	7.40
9	422	Vicki Lee	Northern Veterans AC	V55	F	6.18
10	382	Samuel Morrey	Leamington Cycling AC	U13	M	5.86
11	275	Lottie Hall	Chesterfield and District AC	U13	F	5.59
12	317	Mia Franco	Amber Valley and Erewash AC	U13	F	5.20

13	267	Lesley Bowley	Burton AC	V55	F	5.11
14	329	Mya Edwards	Rushcliffe AC	U13	F	2.87
High Jump M						
1	202	Jake Watson	Telford AC	U20	M	1.75
2	232	Josh Orme-Herbert	Charnwood A C	U20	M	1.65
3	146	George Wilkinson	Amber Valley and Erewash AC	U15	M	1.60
4	225	Joseph Holmes	Grantham AC	Sen	M	1.60
5	312	Max Potter	Charnwood A C	U15	M	1.55
6	120	Ethan Cook	Royal Sutton Coldfield AC	U13	M	1.45
7	431	Zack Michalowski	Charnwood A C	U15	M	1.35
8	193	Jacob Peers-Wain	Chesterfield and District AC	U13	M	1.25
9	233	Joshua Clee	Newark AC	U13	M	1.20
Long Jump F 4m+						
1	244	Katie Garland	Brighton and Hove AC	Sen	F	5.85
2	175	Hermarni Gordon	Amber Valley and Erewash AC	U15	F	4.72
3	103	Elsa Buchanan	Royal Sutton Coldfield AC	U15	F	4.64
4	215	Jessica Day	Nuneaton Harriers	U15	F	4.63
5	386	Savannah Storey	Worksop Harriers	U17	F	4.62
6	391	Shanice Ighalo	Rugby and Northampton AC	U13	F	4.52
7	183	Iola Grant	Rugby and Northampton AC	U17	F	4.42
8	248	Katie Potts	Amber Valley and Erewash AC	U15	F	4.38
9	292	Madeleine Tatham	Amber Valley and Erewash AC	U15	F	4.36
10	370	Ruth Winfield	Wolverhampton and Bilston	U13	F	4.22
11	150	Grace Bennett	Amber Valley and Erewash AC	U15	F	4.21
12	434	Zara Buchanan	Royal Sutton Coldfield AC	U15	F	4.10
13	351	Radina Gibb	Notts AC	U20	F	4.10
14	337	Nicole Bonser	Amber Valley and Erewash AC	U13	F	4.09
15	11	Alexa Gordon	Amber Valley and Erewash AC	U13	F	4.05
16	321	Michaela Knight	Charnwood A C	U20	F	4.00
Javelin <30m						
1	92	Eleanor Orme-Herbert	Charnwood A C	U13	F	31.69
2	187	Isabelle Fellows	Chesterfield and District AC	U13	F	28.79
3	119	Esmee Esho	Charnwood A C	U17	F	28.27
4	259	Luke Turner	Rugby and Northampton AC	U13	M	27.49
5	275	Lottie Hall	Chesterfield and District AC	U13	F	25.33
6	367	Ruby Spencer	Tamworth AC	U15	F	25.21
7	223	Joseph Bennett	Amber Valley and Erewash AC	U13	M	24.80
8	150	Grace Bennett	Amber Valley and Erewash AC	U15	F	22.80
9	314	Megan Davis	Rushcliffe AC	U15	F	22.47
10	76	Daisy Kaye	Amber Valley and Erewash AC	U13	F	21.83
11	125	Evie Donnelly	Charnwood A C	U13	F	19.72
12	391	Shanice Ighalo	Rugby and Northampton AC	U13	F	19.31
13	215	Jessica Day	Nuneaton Harriers	U15	F	15.20
14	422	Vicki Lee	Northern Veterans AC	V55	F	10.36
Shot 10m+						
1	303	Martin Tinkler	Nene Valley Harriers	Sen	M	14.37

2	10	Alex Hamling	Rugby and Northampton AC	U20	M	13.81
3	67	Christian Archer	Retford AC	U17	M	13.64
4	114	Emma Dakin	Rotherham Harriers AC	U20	F	12.85
5	417	Tom Pearson	Charnwood A C	Sen	M	11.82
6	253	Kian Meadows	Unattached	U20	M	11.34
7	41	Benjamin Acton	Burton AC	U20	M	11.10
8	254	Kiarra Francis	Notts AC	U20	F	10.87
9	40	Ben Crossdale	Notts AC	Sen	M	10.35
10	433	Zara Acton	Burton AC	U17	F	10.07
11	364	Rowan Williams	Charnwood A C	U13	M	9.92
12	255	Kieran Gillespie	Grimsby Harriers AC	U20	M	9.13
13	5	Aimee Fellows	Chesterfield and District AC	U20	F	8.86

Long Jump M 5m+

1	419	trevor alexanderson	Birchfield Harriers	Sen	M	6.80
2	389	Scott Ram	Amber Valley and Erewash AC	U20	M	5.98
3	101	Elliott Powell	Corby AC	U15	M	5.46
4	414	Tobie Watson	Telford AC	U17	M	5.35
5	208	James Malpass	Cannock and Stafford AC	U15	M	5.19
6	128	Fabian Powell	Corby AC	U13	M	5.18
7	190	Jack Graham	Grantham AC	U17	M	5.18
8	99	Elliot Hall	Charnwood A C	U17	M	5.10

Javelin 30m+

1	161	Harry Hollis	Corby AC	Sen	M	54.72
2	115	Emma Hamplett	Birchfield Harriers	Sen	F	51.27
3	8	Alex Clegg	Birmingham Running Athletics and	Sen	M	48.04
4	376	Sam Parrott	Charnwood A C	U17	M	40.30
5	307	Matt Tagg	Notts AC	U15	M	37.50
6	262	Lauren Hill	Chesterfield and District AC	U20	F	37.43
7	255	Kieran Gillespie	Grimsby Harriers AC	U20	M	35.05
8	58	Charlie Dave	Amber Valley and Erewash AC	U15	M	34.75
9	288	Luke Sayer	Newark AC	U20	M	33.08
10	24	Amy Shaw	Charnwood A C	Sen	F	31.65