

## Charnwood AC Open - 30.5.18

400m Time :18:48

Heat:1

1	202	Isabelle Neville	Tamworth AC	U20	F	58.25
2	159	Eve Clawley	Tamworth AC	U17	F	58.82
3	69	Anna Renken	Loughborough Students AC	Sen	F	58.88
4	226	Jessica Sheppard	Stratford Upon Avon AC	U20	F	58.96
5	205	Ivars Licietis	Charnwood A C	V60	M	62.25
6	648	Sophie Bleazard	Telford AC	U20	F	64.51
7	623	Rebecca Brown	Cannock and Stafford AC	U20	F	64.95
8	628	Rob Gooch	Unattached	V55	M	70.09

400m Time :18:48

Heat:2

1	207	Jacob Spencer	Tamworth AC	U17	M	51.54
2	630	robert Hodgkison	Lincoln Wellington AC	U20	M	53.38
3	641	Scott Ram	Amber Valley and Erewash AC	U20	M	53.66
4	661	Will Lewis	Stockport Harriers and AC	U17	M	54.16
5	244	Kieran Gillespie	Grimsby Harriers AC	U20	M	56.87
6	131	David Locker	Charnwood A C	V40	M	56.92
7	673	Matthew Pleass	Ivanhoe Robins Junior AC	Sen	M	62.38
8	618	Poppy Carmichael	Kettering Town Harriers	U20	F	62.50

400m Time :18:48

Heat:3

1	18	Adam Thompson	Loughborough Students AC	Sen	M	50.24
2	170	Franco Vainio-Doiseul	Cambridge Harriers	Sen	M	50.63
3	651	Taran Brissett	Birchfield Harriers	U20	M	50.95
4	173	Gareth Davies	Loughborough Students AC	Sen	M	51.10
5	233	Joseph Dickenson	Amber Valley and Erewash AC	U20	M	51.61
6	217	James Scott	Rushcliffe AC	Sen	M	55.07
7	671	Rhea Southcott	Leeds City AC	U20	F	61.50

800m Time :19:09

Heat:1

1	299	Nathan Ellis	Mansfield Harriers	U17	M	2:36.92
2	266	Madeleine Todd	Corby AC	U15	F	2:37.99
3	239	Kaliyah Morant-Hudson	Burton AC	U15	F	2:43.92
4	614	Paige Barker	Burton AC	U13	F	2:44.94
5	256	Lucas Geary	Wreake and Soar Valley	U13	M	2:45.65
6	224	Jessica Farrar	Charnwood A C	U13	F	2:46.89
7	222	Jasmine Ellis	Amber Valley and Erewash AC	U13	F	2:49.38
8	128	Daniel Harris	Charnwood A C	U13	M	2:50.51
9	230	Jorja White	Wreake and Soar Valley	U13	F	2:58.10
10	154	Erin Barwell	Lincoln Wellington AC	U13	F	2:58.96
11	213	Jake Blythe	Charnwood A C	U13	M	3:04.77

800m Time :19:09

Heat:2

1	70	Archie England	Birchfield Harriers	U15	M	2:24.45
2	204	Isobel Orencas	Wreake and Soar Valley	U15	F	2:30.03
3	609	Olivia Hare	Mansfield Harriers	U15	F	2:30.63
4	619	Rachel Newport	Charnwood A C	U13	F	2:30.93
5	153	Emma Williams	Notts AC	U20	F	2:31.05
6	120	Christopher Duncan	Worksop Harriers	V50	M	2:32.36
7	652	Thomas Bavin	Rushcliffe AC	U13	M	2:32.80
8	110	Charlie Pearce	Beeston AC	V45	M	2:32.81
9	670	Zoe Gilbody	Bridgnorth AC	U13	F	2:34.68
10	291	Mya Turner	Notts AC	U13	F	2:35.59
11	111	Charlie White Godden	Wreake and Soar Valley	U15	M	2:36.43
12	608	Olivia Allen	Chesterfield and District AC	U13	F	2:37.39

800m Time :19:09

Heat:3

1	185	Harry Denton	Grantham AC	U15	M	2:17.59
2	653	Thomas Dixon	Charnwood A C	U15	M	2:19.25
3	156	Euan Gibbs	Wreake and Soar Valley	U15	M	2:21.11
4	636	Sam Lowings	Charnwood A C	U15	M	2:24.06
5	115	Charlotte Gilbody	Bridgnorth AC	U15	F	2:24.25
6	610	Olivia Bonshor	Charnwood A C	U15	F	2:24.40
7	186	Hollie Gamble	Wreake and Soar Valley	U17	F	2:25.87
8	193	India Barwell	Lincoln Wellington AC	U15	F	2:27.14

800m Time :19:09

Heat:4

1	633	Rori Rodell	Grantham AC	U17	M	2:10.54
2	112	Charlie Norman	Sutton in Ashfield Harriers and AC	U17	M	2:11.74
3	616	Paul Whittleton	Ilkeston Running Club	V40	M	2:13.41
4	611	Olivia Haveron	Harrogate Harriers and AC	U20	F	2:14.86
5	257	Lucca Watson-Quilter	Wreake and Soar Valley	U17	M	2:15.20
6	280	Max Potter	Charnwood A C	U15	M	2:16.34
7	194	Indienne King	Wreake and Soar Valley	U15	F	2:17.85
8	178	Graham Moffatt	Rushcliffe AC	V50	M	2:18.17
9	192	Imogen Sheppard	Stratford Upon Avon AC	U17	F	2:18.27
10	161	Ewan Rodell	Grantham AC	U15	M	2:18.33

800m Time :19:09

Heat:5

1	74	Archie Rainbow	Nene Valley Harriers	U17	M	2:02.16
2	632	Roman Watson-Quilter	Wreake and Soar Valley	U17	M	2:03.04
3	124	Dan Horner	Rushcliffe AC	U20	M	2:03.91
4	270	Marc Scott	Rushcliffe AC	Sen	M	2:04.81
5	118	Chris Nealon	Wreake and Soar Valley	U20	M	2:05.65
6	166	Finn Moffatt	Rushcliffe AC	U17	M	2:05.79

7	234	Joseph Currie	Chesterfield and District AC	U15	M	2:06.10
8	61	Andrew Woods	Tamworth AC	U20	M	2:08.51

75m Time :19:16

Heat:1 Wind : -1.1

1	640	Savannah Morgan	Rugby and Northampton AC	U11	F	10.76
2	191	Imogen Jones	Wreake and Soar Valley	U11	F	11.44
3	639	Saskia De Mello Leitao	Charnwood A C	U11	F	12.15
4	262	Lucy Hurst	Wreake and Soar Valley	U11	F	12.29
5	116	Chelsie Locker	Charnwood A C	U11	F	12.67
6	144	Ellie-Mai Jones	Mansfield Harriers	U11	F	12.84
	19	Alesia De Mello Leitao	Charnwood A C	U11	F	DNS

75m Time :19:16

Heat:2 Wind : -1.0

1	75	Arthur Reilly	City of Sheffield and Dearne AC	U11	M	11.72
2	158	Evan Richardson	Ivanhoe Robins Junior AC	U11	M	12.40
3	664	Zac Carter	Wreake and Soar Valley	U11	M	12.55
4	631	Rocco Gray	Ivanhoe Robins Junior AC	U11	M	12.88
5	176	George Watkins	Ivanhoe Robins Junior AC	U11	M	13.23
6	297	Nathan Toon	Saffron AC	U11	M	14.52
	637	Sam Spooner	Charnwood A C	U11	M	DNS
	73	Archie Clarke	Saffron AC	U11	M	DNS

100m Time :20:00

Heat:1 Wind : -0.1

1	604	Olivia Carter	Wreake and Soar Valley	U15	F	14.56
2	108	Charlie Watkins	Ivanhoe Robins Junior AC	U13	M	14.86
3	190	Hope Kone	Notts AC	U15	F	15.34
4	224	Jessica Farrar	Charnwood A C	U13	F	15.71
5	296	Nathan Lord	Birchfield Harriers	U13	M	16.06
6	603	Olivia Witts	Rugby and Northampton AC	U20	F	16.57
7	252	Lola Goddard	Wreake and Soar Valley	U13	F	17.30

100m Time :20:00

Heat:2 Wind : -0.2

1	634	Ruby Weston	Charnwood A C	U15	F	14.44
2	160	Evie Donnelly	Charnwood A C	U13	F	14.80
3	654	Tia Jones	Mansfield Harriers	U13	F	15.08
4	196	Isabella Toon	Saffron AC	U13	F	15.39
5	222	Jasmine Ellis	Amber Valley and Erewash AC	U13	F	15.52
6	136	Eleanor Orme-Herbert	Charnwood A C	U13	F	15.89
7	657	Tom Coverley	Rushcliffe AC	U13	M	15.97

100m Time :20:00

Heat:3 Wind : -0.5

1	132	Demi Locker	Charnwood A C	U15	F	14.40
2	288	Millie Kappen	Rushcliffe AC	U17	F	14.43

3	622	Ravenn Cook	Wreake and Soar Valley	U17	F	14.79
4	203	Isla Botting	Wreake and Soar Valley	U20	F	14.87
5	149	Emlyn Brown	Charnwood A C	U13	M	15.27
6	65	Ani Mcfarlane	Charnwood A C	U15	F	15.43
7	242	Katy Summers	Charnwood A C	U13	F	15.52

100m Time :20:00

Heat:4 Wind : -0.1

1	246	Kiyomi Topham	Wreake and Soar Valley	U13	F	14.03
2	151	Emma Ashby	Wreake and Soar Valley	U15	F	14.07
3	4	Abigail Rickard	Birchfield Harriers	U13	F	14.41
4	51	Aman Johal	Charnwood A C	U15	F	14.54
5	138	Ella Coverley	Rushcliffe AC	U15	F	14.69
6	150	Emma Jones	Birchfield Harriers	U13	F	14.77
7	281	Megan Davis	Rushcliffe AC	U15	F	14.80

100m Time :20:00

Heat:5 Wind : -0.3

1	271	Marcus Wright	Saffron AC	U15	M	13.77
2	104	Casey Pownall	Charnwood A C	U15	F	13.99
3	89	Brooke Burton	Birchfield Harriers	U13	F	14.07
4	259	Lucy Fitzpatrick	Amber Valley and Erewash AC	U15	F	14.07
5	672	Solomon Al-Salloum	Nuneaton H	U15	M	14.27
6	102	Cara Brown	Cannock and Stafford AC	U20	F	14.47
7	601	Nicole Bonser	Amber Valley and Erewash AC	U13	F	14.71
	254	Luca Stokes	Rushcliffe AC	U15	M	DNS

100m Time :20:00

Heat:6 Wind : 0.4

1	164	Finley Venables	Wreake and Soar Valley	U13	M	13.04
2	268	Manasi Dedhia	Wreake and Soar Valley	U15	F	13.30
3	155	Etty Sisson	Charnwood A C	U15	F	13.51
4	147	Emily Raffan	Charnwood A C	U20	F	13.72
5	200	Isabelle Burlington	Mansfield Harriers	U13	F	13.91
6	668	Zara Reilly	City of Sheffield and Dearne AC	U15	F	14.30
	133	Dylan Rich	Rushcliffe AC	U15	M	DNS

100m Time :20:00

Heat:7 Wind : -0.2

1	298	Nathan Cadman	Charnwood A C	U15	M	12.89
2	220	Jamie Carrott	Charnwood A C	U15	M	13.17
3	300	Nick Quilty	Rushcliffe AC	V45	M	13.22
4	229	John Statham	Charnwood A C	V55	M	13.27
5	289	Millie Parker	Charnwood A C	U15	F	13.31
6	179	hannah booth	Rushcliffe AC	U17	F	13.46
	105	Casper Gordon-Brown	Notts AC	U15	M	DNS
	77	Ben Madeley	Mansfield Harriers	U15	M	DNS

100m Time :20:00

Heat:8 Wind : -0.3

1	629	Robert North	Midland Masters AC	V40	M	12.11
2	260	Lucy Wheeler	Tamworth AC	U17	F	12.70
3	129	David Seidu	Wreake and Soar Valley	U15	M	12.81
4	255	Lucas Dixon	Saffron AC	U15	M	12.95
5	290	Millie Kellyman	Tamworth AC	Sen	F	13.04
6	142	Ellie Brown	Charnwood A C	U17	F	13.12
7	615	Paul North	Midland Masters AC	V45	M	13.14
8	223	Jesse Clark	Charnwood A C	U13	M	14.10

100m Time :20:00

Heat:9 Wind : -0.5

1	121	Connor Foster	Charnwood A C	U17	M	11.78
2	100	Callum James Dean	Grimsby Harriers AC	U17	M	11.96
3	58	Amy Bowen	Tamworth AC	Sen	F	12.58
4	650	Stephen McKenzie	Rugby and Northampton AC	U15	M	12.72
5	249	Liam O'Dell	City Of Norwich AC	Sen	M	12.85
	215	James Langham	Rugby and Northampton AC	U17	M	DNS
	152	Emma Suhonen	Charnwood A C	Sen	F	DNS
	275	Martin White	Mansfield Harriers	V45	M	DNS

100m Time :20:00

Heat:10 Wind : -1.1

1	285	Michael Bloor	Telford AC	Sen	M	11.72
2	8	Adam Goulding	Notts AC	Sen	M	11.73
3	23	Alex Parker	Loughborough Students AC	Sen	M	11.87
4	236	Joshua Rogers	Unattached	U17	M	12.10
5	209	Jake Sisson	Charnwood A C	U17	M	12.11
6	206	Jack Perks	Rushcliffe AC	U17	M	12.35
7	123	Dalton Powell	Notts AC	V55	M	13.32
	228	John Gilding	Charnwood A C	Sen	M	DNS

100m Time :20:00

Heat:11 Wind : -0.4

1	59	Andrew Robertson	Sale Harriers Manchester	Sen	M	10.68
2	627	Rio Mitcham	Birchfield Harriers	U20	M	10.77
3	126	Daniel Obeng	Loughborough Students AC	Sen	M	10.93
4	125	Daniel Cartwright	Tamworth AC	U17	M	11.11
5	612	Ollie Sprio	Banbury Harriers AC	U20	M	11.31
6	184	Harry Everitt	Tamworth AC	Sen	M	11.42

600m Time :20:10

Heat:1

1	250	Lillie Holford	Wreake and Soar Valley	U11	F	1:57.51
2	146	Eloise Geary	Wreake and Soar Valley	U11	M	2:06.68
3	158	Evan Richardson	Ivanhoe Robins Junior AC	U11	M	2:09.36
4	262	Lucy Hurst	Wreake and Soar Valley	U11	F	2:10.54

5	99	Caitlyn Brooks	Charnwood A C	U11	F	2:17.83
6	639	Saskia De Mello Leitao	Charnwood A C	U11	F	2:18.08
7	177	Gino Franco	Amber Valley and Erewash AC	U11	M	2:21.55
8	176	George Watkins	Ivanhoe Robins Junior AC	U11	M	2:23.16

200m Time :20:46

Heat:1 Wind : -0.2

1	89	Brooke Burton	Birchfield Harriers	U13	F	28.60
2	221	Jamie Hurst	Wreake and Soar Valley	U15	M	30.05
3	604	Olivia Carter	Wreake and Soar Valley	U15	F	31.15
4	108	Charlie Watkins	Ivanhoe Robins Junior AC	U13	M	31.67
5	607	Olivia Mcfarlane	Charnwood A C	U13	F	31.95
6	196	Isabella Toon	Saffron AC	U13	F	31.99
7	49	Alice McDermott	Charnwood A C	U13	F	33.35

200m Time :20:46

Heat:2 Wind : -0.1

1	151	Emma Ashby	Wreake and Soar Valley	U15	F	29.12
2	4	Abigail Rickard	Birchfield Harriers	U13	F	29.34
3	608	Olivia Allen	Chesterfield and District AC	U13	F	30.72
4	103	Cara Mannix	Silson Joggers AC	U15	F	31.14
5	149	Emlyn Brown	Charnwood A C	U13	M	31.39
6	222	Jasmine Ellis	Amber Valley and Erewash AC	U13	F	31.92
7	670	Zoe Gilbody	Bridgnorth AC	U13	F	33.86

200m Time :20:46

Heat:3 Wind : -0.2

1	193	India Barwell	Lincoln Wellington AC	U15	F	29.44
2	150	Emma Jones	Birchfield Harriers	U13	F	29.79
3	291	Mya Turner	Notts AC	U13	F	29.83
4	283	Mia Franco	Amber Valley and Erewash AC	U13	F	30.06
5	666	Zack Michalowski	Charnwood A C	U15	M	30.91
6	287	Michaela Knight	Charnwood A C	U20	F	31.62

200m Time :20:46

Heat:4 Wind : -0.2

1	662	Will Finlay	Birchfield Harriers	U15	M	27.64
2	204	Isobel Orencas	Wreake and Soar Valley	U15	F	28.00
3	156	Euan Gibbs	Wreake and Soar Valley	U15	M	28.48
4	200	Isabelle Burlington	Mansfield Harriers	U13	F	29.14
5	132	Demi Locker	Charnwood A C	U15	F	29.23
6	246	Kiyomi Topham	Wreake and Soar Valley	U13	F	29.69
7	102	Cara Brown	Cannock and Stafford AC	U20	F	29.84
8	171	Freddie Kugelmann	Burton AC	U13	M	29.97

200m Time :20:46

Heat:5 Wind : -0.2

1	164	Finley Venables	Wreake and Soar Valley	U13	M	26.79
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2	205	Ivars Licietis	Charnwood A C	V60	M	27.98
3	52	Amber Threlfall	Birchfield Harriers	U15	F	28.15
4	162	Farrah Cook	Wreake and Soar Valley	U20	F	28.36
5	248	Leah Attack	City of York AC	U17	F	28.52
6	115	Charlotte Gilbody	Bridgnorth AC	U15	F	29.50

200m Time :20:46

Heat:6 Wind : -0.3

1	298	Nathan Cadman	Charnwood A C	U15	M	26.53
2	615	Paul North	Midland Masters AC	V45	M	26.77
3	261	Lucy Laight	Rugby and Northampton AC	U20	F	26.92
4	264	Lydia Bonshor	Charnwood A C	U17	F	27.27

200m Time :20:46

Heat:7 Wind : -0.4

1	121	Connor Foster	Charnwood A C	U17	M	23.67
2	129	David Seidu	Wreake and Soar Valley	U15	M	26.09
3	247	Lauren Butler	Birchfield Harriers	U20	F	26.22
4	249	Liam O'Dell	City Of Norwich AC	Sen	M	26.46
5	142	Ellie Brown	Charnwood A C	U17	F	27.08

200m Time :20:46

Heat:8 Wind : -0.3

1	237	Joshua Jolob	Charnwood A C	U17	M	22.96
2	100	Callum James Dean	Grimsby Harriers AC	U17	M	23.97
3	285	Michael Bloor	Telford AC	Sen	M	24.48
4	217	James Scott	Rushcliffe AC	Sen	M	25.03
5	238	Kaisha Buchanan	Notts AC	U20	F	25.49

200m Time :20:46

Heat:9 Wind : -1.4

1	59	Andrew Robertson	Sale Harriers Manchester	Sen	M	21.67
2	157	Evan Blackman	Corby AC	U17	M	22.07
3	125	Daniel Cartwright	Tamworth AC	U17	M	22.28
4	207	Jacob Spencer	Tamworth AC	U17	M	22.67
5	612	Ollie Sprio	Banbury Harriers AC	U20	M	22.86
6	233	Joseph Dickenson	Amber Valley and Erewash AC	U20	M	24.08
	627	Rio Mitcham	Birchfield Harriers	U20	M	DNS

300m Time :21:04

Heat:1

1	106	Charli Sampson	Charnwood A C	U15	F	45.33
2	174	Gemma Newport	Charnwood A C	U15	F	45.72
3	243	Katy Mannix	Silson Joggers AC	U15	F	45.72
4	70	Archie England	Birchfield Harriers	U15	M	45.85
5	269	Mar Ruiz-Monserrat	Charnwood A C	U15	F	46.05
6	239	Kaliyah Morant-Hudson	Burton AC	U15	F	50.20

300m Time :21:04

Heat:2

1	253	Luca Michalowski	Charnwood A C	U15	M	41.30
2	105	Casper Gordon-Brown	Notts AC	U15	M	41.95
3	669	Zena Challenger	Wreake and Soar Valley	U17	F	42.95
4	188	Holly Cook	Wreake and Soar Valley	U17	F	43.63
5	662	Will Finlay	Birchfield Harriers	U15	M	44.36
6	272	Marina Semple	Radley AC	U15	F	44.49
7	289	Millie Parker	Charnwood A C	U15	F	44.83

300m Time :21:04

Heat:3

1	650	Stephen McKenzie	Rugby and Northampton AC	U15	M	40.61
2	617	Poppy Malik	Notts AC	U15	F	41.33
3	189	Holly Kone	Notts AC	U17	F	41.46
4	140	Ella Rush	Amber Valley and Erewash AC	U15	F	41.74
5	201	Isabelle Skelton	Sutton in Ashfield Harriers and AC	U15	F	41.98
6	294	Naomi Wilbram	Charnwood A C	U17	F	42.34
7	659	Valentina Costa	Derby AC	U15	F	43.67

1500m Time :21:34

Heat:1

1	16	Adam Bayley	Rushcliffe AC	U15	M	5:14.04
2	232	Joseph Pointon	Wreake and Soar Valley	U13	M	5:16.07
3	95	Caitlin Dodds	Mansfield Harriers	U15	F	5:19.17
4	613	Owen Lynas	Heanor Running Club	U13	M	5:21.48
5	279	Matthew Young	Mansfield Harriers	U13	M	5:26.51
6	110	Charlie Pearce	Beeston AC	V45	M	5:26.62
7	139	Ella Kennedy	Mansfield Harriers	U13	F	5:28.80
8	605	Olivia Barrett	Mansfield Harriers	U15	F	5:34.22
9	197	Isabella Vinter	Lincoln Wellington AC	U15	F	5:38.69
10	644	Simon Higson	Holme Pierrepont Running Club	V40	M	5:41.70
11	225	Jessica Keller	Wreake and Soar Valley	U13	F	5:45.96
12	195	Isabel Edwards	Ivanhoe Robins Junior AC	U15	F	5:46.65
13	148	Emily Bradshaw	Wreake and Soar Valley	Sen	F	5:59.09
14	642	Sebastian Thornewill	Redway Runners	U13	M	6:02.52
15	187	Holly Lynas	Heanor Running Club	U13	F	6:04.67
16	167	Fiona Thornewill Fiona Th	Southwell Running Club	V50	F	6:32.98
17	241	Katie Holmes	Holme Pierrepont Running Club	V55	F	6:49.81

1500m Time :21:34

Heat:2

1	175	Geoff Lowry	Amber Valley and Erewash AC	V55	M	4:49.77
2	240	Katie Parker	Wreake and Soar Valley	U15	F	4:50.71
3	130	David Searle	Unattached	V35	M	4:53.62
4	624	Richard Hobson	Ilkeston Running Club	Sen	M	4:55.16
5	626	Richard Botting	Wreake and Soar Valley	V45	M	5:02.80
6	54	Amelia Chrispin	Newark AC	U15	F	5:03.50



7	231	Joseph Monk	Newark AC	U13	M	5:07.52
8	114	Charlotte Bush	Tamworth AC	U20	F	5:08.24
9	658	Tracy Hinxman	Derby AC	V45	F	5:08.81
10	625	Richard Brown	Charnwood A C	V40	M	5:09.60
11	655	Toby Bowles	Rushcliffe AC	U15	M	5:10.81
12	606	Olivia Bailey	Wreake and Soar Valley	U15	F	5:13.71
13	182	Harry Culpin	Charnwood A C	U17	M	5:14.98
14	143	Ellie Rainbow	Nene Valley Harriers	U15	F	5:21.17
15	276	Matt Long	South Derbyshire Road Runners	V45	M	5:22.32
16	109	Charlie Coleston-Shields	Charnwood A C	U13	M	5:29.16

1500m Time :21:34

Heat:3

1	78	Ben Griffiths	Birchfield Harriers	Sen	M	4:06.17
2	165	Finn Lydon	Charnwood A C	U20	M	4:13.18
3	1	Aaron Hunt	Nene Valley Harriers	U20	M	4:14.68
4	211	Jake Richardson	Lincoln Wellington AC	Sen	M	4:17.93
5	660	Vincent Dawson	Charnwood A C	U17	M	4:23.37
6	274	Mark Powell	Leicester Coritanian AC	V40	M	4:29.59
7	180	Harley Beech-Mcphilbin	Notts AC	U17	M	4:30.20
8	34	Alex Coleston-Shields	Charnwood A C	U15	M	4:31.54
9	292	Mya Taylor	Rotherham Harriers AC	U20	F	4:42.25
10	282	Mena Scatchard	Ripon Runners	U17	F	4:43.10
11	665	Zach Spence	Wreake and Soar Valley	U17	M	4:45.35
12	649	Stephanie Burns	Rotherham Harriers AC	Sen	F	4:51.74

Long Jump <4m

1	288	Millie Kappen	Rushcliffe AC	U17	F	4.32
2	138	Ella Coverley	Rushcliffe AC	U15	F	4.32
3	75	Arthur Reilly	City of Sheffield and Dearne AC	U11	M	4.23
4	196	Isabella Toon	Saffron AC	U13	F	3.63
5	291	Mya Turner	Notts AC	U13	F	3.62
6	283	Mia Franco	Amber Valley and Erewash AC	U13	F	3.61
7	199	Isabelle Haworth	Rushcliffe AC	U13	F	3.60
8	160	Evie Donnelly	Charnwood A C	U13	F	3.56
9	55	Amy Bettridge	Notts AC	U13	F	3.55
10	150	Emma Jones	Birchfield Harriers	U13	F	3.54
11	621	Randall Yule	Charnwood A C	U13	M	3.53
12	657	Tom Coverley	Rushcliffe AC	U13	M	3.34
13	197	Isabella Vinter	Lincoln Wellington AC	U15	F	3.24
14	177	Gino Franco	Amber Valley and Erewash AC	U11	M	2.56
15	297	Nathan Toon	Saffron AC	U11	M	2.51
16	99	Caitlyn Brooks	Charnwood A C	U11	F	2.50

Discus 30m+

1	278	Matthew Beatty	Loughborough Students AC	Sen	M	47.42
2	295	Nathan Thomas	Shaftesbury Barnet Harriers	Sen	M	40.50
3	101	Cameron Campbell	Jersey Spartan AC	U20	M	39.54

4	674	Cameron Darkin-Price	Charnwood A C	U20	M	38.02
5	656	Tom Pearson	Charnwood A C	Sen	M	36.09
6	117	Chloe Jones	Gloucester AC	U20	F	35.51
7	235	Josh Orme-Herbert	Charnwood A C	U20	M	34.97
8	643	Shay Tarbit	Derby AC	U17	M	34.30
9	79	Benjamin Acton	Burton AC	U20	M	33.02
10	209	Jake Sisson	Charnwood A C	U17	M	32.79
11	81	Benjamin Howard	Burton AC	V35	M	30.40
12	287	Michaela Knight	Charnwood A C	U20	F	30.00
13	251	Lily-May Pursey	Rugby and Northampton AC	U17	F	26.45
14	214	James Gillespie	Eastern Veterans AC	V55	M	26.04

#### Shot <10m

1	198	Isabelle Thomson	Rugby and Northampton AC	U17	F	9.15
2	245	Kieran Tscherniawsky	Loughborough Students AC	Sen	M	8.46
3	288	Millie Kappen	Rushcliffe AC	U17	F	7.34
4	601	Nicole Bonser	Amber Valley and Erewash AC	U13	F	6.86
5	227	Joel Bevilacqua Masunda	Charnwood A C	U13	M	6.78
6	55	Amy Bettridge	Notts AC	U13	F	6.42
7	107	Charlie Denton	Grantham AC	U13	M	5.82
8	258	Lucy Rich	Rushcliffe AC	U13	F	5.70
9	4	Abigail Rickard	Birchfield Harriers	U13	F	5.48

#### High Jump

1	219	Jamie Croucher	Yeovil Olympiads AC	U20	M	1.85
2	181	Harry Whyley	Notts AC	U17	M	1.80
3	253	Luca Michalowski	Charnwood A C	U15	M	1.75
4	182	Harry Culpin	Charnwood A C	U17	M	1.65
5	265	Madeleine Wood	Charnwood A C	U17	F	1.60
6	636	Sam Lowings	Charnwood A C	U15	M	1.55
7	169	Frankie Bevilacqua Masunda	Charnwood A C	U13	M	1.40
8	141	Ellen Goodhart	Rugby and Northampton AC	U15	F	1.35
9	666	Zack Michalowski	Charnwood A C	U15	M	1.35
10	122	Dalila Watson	Charnwood A C	U17	F	1.35
11	106	Charli Sampson	Charnwood A C	U15	F	1.30
12	628	Rob Gooch	Unattached	V55	M	1.25
13	654	Tia Jones	Mansfield Harriers	U13	F	1.20
14	646	Sophia Howard	Vegetarian Cycling and AC	V50	F	1.10
15	296	Nathan Lord	Birchfield Harriers	U13	M	1.00

#### Long Jump 4m+

1	629	Robert North	Midland Masters AC	V40	M	5.86
2	145	Elliot Hall	Charnwood A C	U17	M	5.29
3	179	hannah booth	Rushcliffe AC	U17	F	4.95
4	267	Maija Purves	Notts AC	U15	F	4.89
5	263	Luke Pooley	Rugby and Northampton AC	U17	M	4.75
6	239	Kaliyah Morant-Hudson	Burton AC	U15	F	4.37
7	281	Megan Davis	Rushcliffe AC	U15	F	4.32

8	601	Nicole Bonser	Amber Valley and Erewash AC	U13	F	4.17
9	652	Thomas Bavin	Rushcliffe AC	U13	M	3.83
10	141	Ellen Goodhart	Rugby and Northampton AC	U15	F	3.76
11	183	Harry Carrott	Charnwood A C	U13	M	3.67

#### Shot 10m+

1	676	Lewis Byng	Stratford Upon Avon AC	U20	M	16.75	6kg
2	671	Rhea Southcott	Leeds City AC	U20	F	13.49	
3	656	Tom Pearson	Charnwood A C	Sen	M	11.52	
4	667	Zara Acton	Burton AC	U17	F	10.84	
5	90	Caitlin Rimmer	City of Sheffield and Dearne AC	U17	F	10.70	
6	113	Charlotte Jones	Charnwood A C	U20	F	10.22	
7	81	Benjamin Howard	Burton AC	V35	M	10.12	
8	251	Lily-May Pursey	Rugby and Northampton AC	U17	F	9.71	
9	244	Kieran Gillespie	Grimsby Harriers AC	U20	M	9.46	
10	214	James Gillespie	Eastern Veterans AC	V55	M	8.39	

#### Discus <30m

1	90	Caitlin Rimmer	City of Sheffield and Dearne AC	U17	F	27.74
2	675	Freddie Burton	Derby AC	U17	M	27.56
3	667	Zara Acton	Burton AC	U17	F	25.87
4	647	Sophie Brown	Mansfield Harriers	U15	F	24.96
5	198	Isabelle Thomson	Rugby and Northampton AC	U17	F	24.44
6	603	Olivia Witts	Rugby and Northampton AC	U20	F	23.13
7	244	Kieran Gillespie	Grimsby Harriers AC	U20	M	19.83
8	155	Etty Sisson	Charnwood A C	U15	F	17.51
9	258	Lucy Rich	Rushcliffe AC	U13	F	15.82
10	55	Amy Bettridge	Notts AC	U13	F	14.85

#### Triple Jump

1	145	Elliot Hall	Charnwood A C	U17	M	11.18
2	84	Bethan Evans	Shrewsbury AC	U20	F	10.75
3	122	Dalila Watson	Charnwood A C	U17	F	9.60
4	668	Zara Reilly	City of Sheffield and Dearne AC	U15	F	9.50
5	259	Lucy Fitzpatrick	Amber Valley and Erewash AC	U15	F	9.46
6	620	Radina Gibb	Notts AC	U20	F	9.33