

CHARNWOOD

Charnwood AC Open Results - 8.4.18

3000m Time :11:18

Heat:1

1	103	Kieren Coleman Smith	Charnwood A C	U17	M	9:08.11
2	117	Mark Couldwell	Charnwood A C	V40	M	9:13.42
3	223	Tim Hartley	Notts AC	V45	M	9:14.80
4	544	James Wardle	Rushcliffe AC	U15	M	9:17.74
5	106	Jenson Connell	Sutton in Ashfield Harriers and /	U17	M	9:18.48
6	341	John Muddeman	Notts AC	Sen	M	9:29.05
7	324	Connor Mills	Cannock and Stafford AC	U20	M	9:37.11
8	473	Zach Spence	Wreake and Soar Valley	U17	M	9:47.95
9	264	Tim Kelly	Cannock and Stafford AC	V45	M	9:49.62
10	115	Jasmine Cooper	Derby AC	U20	F	9:53.97
11	472	Lucas Spence	Wreake and Soar Valley	U15	M	10:22.49
12	565	Ed Wilson	Trentham Running Club	V35	M	10:27.86
13	237	Jess Humphreys	Wolverhampton and Bilston	U17	F	10:30.40
14	80	Elsie Butler	Charnwood A C	Sen	F	10:38.17
15	255	Chris Jordan	Derby AC	V40	M	10:43.94
16	559	Hazel Williams	Lincoln Wellington AC	U17	F	10:48.90
17	346	Rachel Nealon	Wreake and Soar Valley	U17	F	10:57.38
18	226	Eleanor Here	Charnwood A C	U20	F	11:03.52
19	314	Lexie Mcloughlin	Charnwood A C	U15	F	11:04.17

70mH U13G Time :11:24

Heat:1 Wind : -0.8

1	469	Cecilia Smyth	Amber Valley and Erewash AC	U13	F	12.79
2	189	Mia Franco	Amber Valley and Erewash AC	U13	F	13.31
3	40	Amy Bettridge	Notts AC	U13	F	13.48
4	528	Lola Unsworth	Stockport Harriers and AC	U13	F	14.13
5	199	Alexa Gordon	Amber Valley and Erewash AC	U13	F	14.97
6	550	Isabella Westwood	Charnwood A C	U13	F	16.00
7	105	Maisie Collier	Charnwood A C	U13	F	18.02

75mH U15G/U13B Time :11:41

Heat:1 Wind : 1.1

1	136	Sophia Deans	Birchfield Harriers	U15	F	11.69
2	375	Freya Paddon	Barnsley AC	U15	F	13.14
3	376	Olivia Paddon	Barnsley AC	U15	F	13.20
4	225	Charlotte Heathcote	Charnwood A C	U15	F	13.21
5	578	Xcena Pasqualin	Rugby and Northampton AC	U15	F	13.80

75mH U15G/U13B Time :11:41

Heat:2 Wind : 0.3

1	129	Erica Davison	City of Sheffield and Dearne AC	U15	F	12.66
2	471	Matilda Somerville-Cotton	Corby AC	U15	F	12.88
3	330	Flora Miskin-Young	Wreake and Soar Valley	U15	F	12.93
4	399	Rebecca Preece	Charnwood A C	U15	F	13.63
5	378	Gerard Pami	Saffron AC	U13	M	13.85

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6 339 Samuel Morrey Leamington Cycling AC U13 M 17.06

75mH U15G/U13B Time :11:41

Heat:3 Wind : 0.9

1	55	Amelia Briggs-Goode	Notts AC	U15	F	11.73
2	464	Kamiya Smith	Coventry Godiva Harriers	U15	F	11.96
3	185	Olivia Fowler	Crewe and Nantwich AC	U15	F	12.14
4	147	Maddy Dowden	Banbury Harriers AC	U15	F	12.19
5	424	Lucy Robinson	Stockport Harriers and AC	U15	F	12.32
6	13	Tegan Armstrong	Banbury Harriers AC	U15	F	12.45

80mH U17W/U15B Time :11:47

Heat:1 Wind : -0.9

1	249	Victoria Johnson	Charnwood A C	U17	F	11.48
2	329	Emily Misantoni	Stockport Harriers and AC	U17	F	11.91
3	560	Jasmine Williams	Stratford Upon Avon AC	U17	F	12.48
4	499	Megan Taylor	Leeds City AC	U17	F	12.91
5	3	Kofi Afirifah-Mensah	Notts AC	U15	M	14.66
6	374	Tilly Owens	Newark AC	U17	F	15.20
7	502	Georgiana Templeton	Retford AC	U17	F	15.83
8	109	Ravenn Cook	Wreake and Soar Valley	U17	F	16.26

110mH SM/U20M Time :12:08

Heat:1 Wind : 0.9

1	581	Maranga Mokaya	Notts AC	Sen	M	14.85
2	14	David Aryeetey	Charnwood A C	U20	M	15.10
3	331	Jordan Mitchell	Sutton in Ashfield Harriers and /	Sen	M	16.74
4	555	Jack Wickham	Notts AC	Sen	M	17.54

100m F Time :13:01

Heat:1 Wind : 1.0

1	134	Alesia De Mello Leitao	Charnwood A C	U11	F	14.93
2	254	Imogen Jones	Wreake and Soar Valley	U11	F	15.40
3	135	Saskia De Mello Leitao	Charnwood A C	U11	F	16.36
4	451	Amana Siddiqui	Saffron AC	U11	F	16.72
5	561	Niome Williams	Saffron AC	U11	F	16.89
6	536	Sapphire Wainwright	Cannock and Stafford AC	U11	F	17.45
7	59	Caitlyn Brooks	Charnwood A C	U11	F	17.59
8	490	Tonbara Tamuno	Notts AC	U11	F	17.61

100m F Time :13:01

Heat:2 Wind : -1.0

1	165	Grace Evans	Coventry Godiva Harriers	U13	F	14.95
2	245	Tavia Jamieson-Blunt	Saffron AC	U13	F	15.27
3	149	Libby Doyle	Saffron AC	U13	F	15.35
4	144	Evie Donnelly	Charnwood A C	U13	F	15.76
5	105	Maisie Collier	Charnwood A C	U13	F	16.12
6	86	Melissa Cannon	Cannock and Stafford AC	U13	F	16.50
7	21	Lauren Bailey	Cannock and Stafford AC	U13	F	17.15

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100m F Time :13:01

Heat:3 Wind :-0.1

1	296	Evie Macmillan	Coventry Godiva Harriers	U13	F	14.56
2	434	Lucy Salter	Crewe and Nantwich AC	U13	F	14.61
3	433	Yasmin Sakour	Saffron AC	U13	F	15.51
4	297	Millie Mae John	Cannock and Stafford AC	U13	F	15.68
5	332	Scarlett Mitchell	Cannock and Stafford AC	U13	F	15.94
6	258	Megan Joyce	Amber Valley and Erewash AC	U13	F	16.93

100m F Time :13:01

Heat:4 Wind :0.0

1	424	Lucy Robinson	Stockport Harriers and AC	U15	F	13.7
2	91	Morgan Carter	Cannock and Stafford AC	U15	F	14.1
3	465	Savana Smith	Charnwood A C	U13	F	14.9
4	485	Katy Summers	Charnwood A C	U13	F	15.6
5	558	Allana Williams	Cannock and Stafford AC	U13	F	15.8
6	557	Alesha Williams	Saffron AC	U13	F	16.1
7	550	Isabella Westwood	Charnwood A C	U13	F	16.2

100m F Time :13:01

Heat:5 Wind :0.4

1	446	Bronwym Sharman	Notts AC	U13	F	14.63
2	282	Shannon Lee	Cannock and Stafford AC	U13	F	15.13
3	445	Amelia Shackelford	Mansfield Harriers	U15	F	15.46
4	303	Olivia Malpass	Cannock and Stafford AC	U13	F	15.87
5	383	Millie Parrott	Charnwood A C	U13	F	16.01
6	479	Eswen Stevenson	Cannock and Stafford AC	U13	F	16.58
7	498	Katarina Taylor	Retford AC	U13	F	18.56

100m F Time :13:01

Heat:6 Wind :-0.2

1	528	Lola Unsworth	Stockport Harriers and AC	U13	F	14.81
2	466	Tammy Smith	Mansfield Harriers	U13	F	14.83
3	76	Isabelle Burlington	Mansfield Harriers	U13	F	14.96
4	133	Wendy Day	Lincoln Wellington AC	V45	F	15.14
5	516	Isabella Toon	Saffron AC	U13	F	15.27
6	97	Karolina Ciechanowska	Saffron AC	Sen	F	15.33
7	508	Robyn Tilsley	Amber Valley and Erewash AC	U15	F	15.51
8	121	Ainslea Cross	Charnwood A C	V35	F	15.85

100m F Time :13:01

Heat:7 Wind :-0.7

1	469	Cecilia Smyth	Amber Valley and Erewash AC	U13	F	14.45
2	535	Mia Wainwright	Cannock and Stafford AC	U13	F	14.51
3	279	Heather Law	Cannock and Stafford AC	U15	F	14.79
4	128	Megan Davis	Rushcliffe AC	U15	F	14.99
5	242	Anna Hutson	Notts AC	U15	F	15.09
6	109	Ravenn Cook	Wreake and Soar Valley	U17	F	15.18
7	119	Kae Crisp	Rugby and Northampton AC	U13	F	15.47

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100m F Time :13:01

Heat:8 Wind : 0.0

1	190	Millie French-Harling	Barnsley AC	U15	F	13.88
2	457	Etty Sisson	Charnwood A C	U15	F	13.93
3	513	Nell Tolley	High Peak AC	U15	F	14.32
4	205	Rebecca Grace Leather	Stockport Harriers and AC	U15	F	14.34
5	549	Victoria West	City of Sheffield and Dearne AC	U20	F	14.42
6	225	Charlotte Heathcote	Charnwood A C	U15	F	14.69
7	221	Jasmine Harris-Hart	Retford AC	U17	F	15.03
8	488	Anya Swift	Amber Valley and Erewash AC	U15	F	15.18

100m F Time :13:01

Heat:9 Wind : -1.6

1	567	Sarah Winchester	Nuneaton Harriers	U20	F	14.00
2	84	Lily Calvert	City of Sheffield and Dearne AC	U17	F	14.10
3	360	Amanda Ofori-Amoako	Saffron AC	U15	F	14.13
4	569	Grace Wright	Tipton Harriers	U13	F	14.23
5	39	Holly Benson	Stockport Harriers and AC	U17	F	14.35
6	501	Karla Teece	Derby AC	U20	F	14.54
7	25	Imogen Baugh	Saffron AC	U15	F	14.84

100m F Time :13:01

Heat:10 Wind : -0.2

1	92	Eva Carthy	Birchfield Harriers	U15	F	13.19
2	560	Jasmine Williams	Stratford Upon Avon AC	U17	F	13.27
3	8	Bethany Allott	Barnsley AC	U17	F	13.34
4	361	Teoni Ojibah	City of Sheffield and Dearne AC	U17	F	13.47
5	207	Sienna Grant	Amber Valley and Erewash AC	U15	F	13.69
6	108	Farrah Cook	Wreake and Soar Valley	U20	F	13.73
7	484	Laura Sugar	Birchfield Harriers	Sen	F	13.80
8	349	Holly Newham Else	Amber Valley and Erewash AC	U17	F	13.81

100m F Time :13:01

Heat:11 Wind : 0.7

1	546	Jess Waters	Sutton in Ashfield Harriers and /	U20	F	13.00
2	251	Charlotte Jones	Charnwood A C	U20	F	13.06
3	206	Iola Grant	Rugby and Northampton AC	U17	F	13.35
4	71	Emily Buckler	Hinckley Running Club	U15	F	13.38
5	487	Mollie Swann	Charnwood A C	U17	F	13.42
6	380	Millie Parker	Charnwood A C	U15	F	13.64
7	169	Grace Fairweather	Stratford Upon Avon AC	U17	F	13.66
8	493	Madeleine Tatham	Amber Valley and Erewash AC	U15	F	14.20

100m F Time :13:01

Heat:12 Wind : -0.5

1	323	Tamara Miller	Wakefield District H and AC	U17	F	12.83
2	342	Holly Murray	Stockport Harriers and AC	U17	F	12.86
3	62	Ellie Brown	Charnwood A C	U17	F	12.90
4	93	Ellie Cartwright	Sutton in Ashfield Harriers and /	U17	F	13.16
5	154	Amber Dunkley-Darby	Birchfield Harriers	U17	F	13.37

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6 200 Hermarni Gordon Amber Valley and Erewash AC U15 F 13.75

100m F Time :13:01

Heat:13 Wind : -0.3

1	238	Amy Hunt	Charnwood A C	U17	F	11.86
2	31	Mary Beetham-Green	Rugby and Northampton AC	U17	F	12.46
3	74	Amelia Bunton	City of York AC	U17	F	12.60
4	362	Leah Okorhi	Birchfield Harriers	U17	F	12.65
5	249	Victoria Johnson	Charnwood A C	U17	F	12.66
6	27	Philippa Baxter	City of York AC	U20	F	12.88

100m M Time :13:39

Heat:1 Wind : -0.2

1	564	Finn Williams-Stein	Leamington Cycling AC	U11	M	15.66
2	475	Sam Spooner	Charnwood A C	U11	M	16.02
3	152	Jack Dunbobbin	Wreake and Soar Valley	U11	M	16.32
4	208	Rocco Gray	Ivanhoe Robins Junior AC	U11	M	16.70
5	517	Nathan Toon	Saffron AC	U11	M	18.11

100m M Time :13:39

Heat: 2 Wind : 0.0

1	278	Thomas Larkin	Cannock and Stafford AC	U13	M	13.97
2	257	Nataniel Jorge	Notts AC	U13	M	14.03
3	4	Kwadwo Afirifah-Mensah	Notts AC	U13	M	14.86
4	547	Alfred Waweru	Charnwood A C	U13	M	15.12
5	495	Ben Taylor	Notts AC	U13	M	17.64

100m M Time :13:39

Heat:3 Wind : 0.1

1	494	Aleks Taylor	Retford AC	U15	M	14.41
2	18	Makar Babenko	Retford AC	U15	M	14.79
3	275	Freddie Kugelmann	Burton AC	U13	M	14.88
4	63	Emlyn Brown	Charnwood A C	U13	M	15.14
5	577	Randall Yule	Charnwood A C	U13	M	15.56
6	515	Leo Tomsett	Notts AC	U13	M	15.91
7	197	Thomas Gleave	Retford AC	U13	M	16.48

100m M Time :13:39

Heat:4 Wind : -0.7

1	365	Michael Orange	Wreake and Soar Valley	V55	M	13.84
2	570	Marcus Wright	Saffron AC	U15	M	14.20
3	378	Gerard Pami	Saffron AC	U13	M	14.37
4	89	Harry Carrott	Charnwood A C	U13	M	14.45
5	381	Oliver Parker	Charnwood A C	U13	M	14.47
6	174	Callum Findly	Rushcliffe AC	U15	M	14.94
7	366	Sam Orange	Wreake and Soar Valley	U13	M	15.15
8	58	Thomas Broadley	Grantham AC	U11	M	15.47

100m M Time :13:39

Heat:5 Wind : -0.7

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1	90	Jamie Carrott	Charnwood A C	U15	M	13.29
2	480	George Stevenson	Cannock and Stafford AC	U15	M	13.43
3	222	Joseph Harris-Hart	Retford AC	U17	M	13.66
4	214	Liam Hall	Saffron AC	U15	M	13.70
5	285	Ivars Licietis	Charnwood A C	V60	M	13.83
6	120	Kaiyuki Crisp	Rugby and Northampton AC	U15	M	13.86
7	489	Tokoni Tamuno	Notts AC	U15	M	13.90
8	387	Zac Pasqualin	Rugby and Northampton AC	U11	M	16.01

100m M Time :13:39

Heat:6 Wind : -0.2

1	5	Yaw Afirifah-Mensah	Notts AC	U13	M	12.69
2	2	Charlie Ablett	Notts AC	U17	M	12.91
3	173	Reuben Fiagome	Nottingham University	Sen	M	12.95
4	104	Luke Coles	Unattached	Sen	M	13.06
5	496	Didier Taylor	Notts AC	U15	M	13.07
6	82	Nathan Cadman	Charnwood A C	U15	M	13.37
7	15	Christopher Ashmore	Mansfield Harriers	V55	M	13.39
8	531	Finley Venables	Wreake and Soar Valley	U13	M	13.48

100m M Time :13:39

Heat:7 Wind : -0.8

1	462	Fergus Smith	Charnwood A C	U17	M	11.88
2	478	Jake Sterland	Saffron AC	U17	M	12.13
3	98	Jacob Clark	Notts AC	U17	M	12.21
4	113	Freddie Cooper	Notts AC	U15	M	12.46
5	277	James Langham	Rugby and Northampton AC	U17	M	12.60
6	452	Harrison Simms	Sutton in Ashfield Harriers and /	U15	M	12.76
7	182	Ben Foulston	Charnwood A C	U20	M	13.00
8	267	Joel Kilford	Notts AC	U17	M	13.05

100m M Time :13:39

Heat:8 Wind : -0.9

1	250	Joshua Jolob	Charnwood A C	U17	M	11.74
2	458	Jake Sisson	Charnwood A C	U17	M	12.24
3	353	Cameron Nightingale	Notts AC	U17	M	12.25
4	198	Ross Goode	Cannock and Stafford AC	U17	M	12.31
5	425	Joshua Rogers	Wreake and Soar Valley	U17	M	12.36
6	555	Jack Wickham	Notts AC	Sen	M	12.42
7	359	Liam O'Dell	City Of Norwich AC	Sen	M	12.76
8	259	Christopher Kaonga	Saffron AC	U17	M	13.83

100m M Time :13:39

Heat:9 Wind : -0.1

1	177	Charles Fisher	Telford AC	U17	M	11.49
2	204	Adam Goulding	Notts AC	Sen	M	11.68
3	168	Jacob Fairhurst	Charnwood A C	U17	M	11.75
4	576	Thomas Young	Charnwood A C	U20	M	11.90
5	20	Jared Bailey	Sutton in Ashfield Harriers and /	U17	M	11.93
6	562	Alfie Williams-Hughes	Notts AC	U17	M	11.94

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7 396 Joe Porter Cannock and Stafford AC U17 M 12.37

100m M Time :13:39

Heat:10 Wind : -0.7

1	568	Thomas Wood	Wakefield District H and AC	U17	M	11.44
2	150	Valerio Duah	Telford AC	U17	M	11.55
3	386	Matt Partner	Loughborough Students AC	Sen	M	11.62
4	170	Samuel Fairweather	Sutton in Ashfield Harriers and /	U20	M	11.73
5	252	Euan Jones	Wreake and Soar Valley	U17	M	11.73
6	426	Timi Rotimi-Toviho	Notts AC	U20	M	11.79
7	335	Jonathon Mok	Nuneaton Harriers	U20	M	12.17

100m M Time :13:39

Heat:11 Wind : -0.6

1	126	Callum Davies	Swansea Harriers	Sen	M	10.97
2	167	Jordan Fairclough	Liverpool Harriers AC	Sen	M	11.01
3	463	Jody Smith	Charnwood A C	U20	M	11.26
4	156	Stefan Dupey-Whyte	Birchfield Harriers	U20	M	11.27
5	256	Loreni Jorge	Notts AC	U17	M	11.32
6	83	Kyle Calhoun	Charnwood A C	U20	M	11.48
7	215	Peter Hall	Notts AC	V35	M	11.68

800m Time :14:36

Heat:1

1	575	Matthew Young	Mansfield Harriers	U13	M	2:39.41
2	275	Freddie Kugelmann	Burton AC	U13	M	2:43.11
3	326	Ruby Milnes	Mansfield Harriers	U13	F	2:45.34
4	262	Daisy Kaye	Amber Valley and Erewash AC	U13	F	2:45.88
5	220	Daniel Harris	Charnwood A C	U13	M	2:49.89
6	96	Jeremy Chitakunye	Saffron AC	U13	M	2:52.39
7	309	Alice McDermott	Charnwood A C	U13	F	2:56.42
8	160	Jasmine Ellis	Amber Valley and Erewash AC	U13	F	2:56.77
9	149	Libby Doyle	Saffron AC	U13	F	2:56.85
10	556	Isobelle Wilebore	Hinckley Running Club	U17	F	3:14.30
11	519	Olivia Torbitt	Wreake and Soar Valley	U13	F	3:16.58

800m Time :14:36

Heat:2

1	29	Cole Beck	Mansfield Harriers	U15	M	2:26.69
2	527	Mya Turner	Notts AC	U13	F	2:39.90
3	407	Emily Rawson	Notts AC	U13	F	2:43.55
4	35	Joseph Bennett	Amber Valley and Erewash AC	U13	M	2:47.66
5	37	Shannon Bennett	Retford AC	Sen	F	2:49.68
6	430	Eve Rowley	Saffron AC	U13	F	2:51.77
7	368	Eleanor Orme-Herbert	Charnwood A C	U13	F	2:55.43
8	53	Ruth Brandon	Holme Pierrepont Running Club	V45	F	2:56.48
9	506	Sebastian Thornewill	Rushcliffe AC	U13	M	2:56.53
10	521	Sophie Toyn	Mansfield Harriers	U15	F	2:59.58
11	312	Olivia Mcfarlane	Charnwood A C	U13	F	3:01.38
12	172	Jessica Farrar	Charnwood A C	U13	F	3:13.45

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800m Time :14:36

Heat:3

1	298	Hassan Mahamoud	Notts AC	Sen	M	2:11.44
2	283	Louisa Lemon	Notts AC	U20	F	2:37.16
3	465	Savana Smith	Charnwood A C	U13	F	2:39.14
4	12	Beverley Armstrong	Mansfield Harriers	V45	F	2:41.75
5	67	Lyla Bryan	Wreake and Soar Valley	U13	F	2:43.50
6	43	Harry Blewitt-Jenkins	Charnwood A C	U13	M	2:45.55
7	434	Lucy Salter	Crewe and Nantwich AC	U13	F	2:45.96
8	70	Zara Buchanan	Royal Sutton Coldfield AC	U15	F	2:46.05
9	235	Francesca Howett	Amber Valley and Erewash AC	U15	F	2:47.08
10	24	Sofia Barrett	Corby AC	U13	F	2:47.65
11	60	Aoife Brotherton	Wreake and Soar Valley	U15	F	2:49.97
12	374	Tilly Owens	Newark AC	U17	F	2:50.85
13	373	Lauren Owens	Newark AC	U17	F	2:51.53

800m Time :14:36

Heat:4

1	397	Max Potter	Charnwood A C	U15	M	2:21.48
2	520	Joshua Towne	Notts AC	U15	M	2:28.15
3	101	Harry Cocking	Chesterfield and District AC	U15	M	2:30.53
4	212	Sam Haines	Ivanhoe Robins Junior AC	U13	M	2:32.87
5	180	Alex Foster	Mansfield Harriers	U13	F	2:34.48
6	483	Freja Strom	Sutton in Ashfield Harriers and /	U17	F	2:35.48
7	427	James Rouse	Derby AC	U13	M	2:38.11
8	191	Indiya Gannon	Amber Valley and Erewash AC	U15	F	2:43.38
9	431	Mar Ruiz-Monserrat	Charnwood A C	U15	F	2:44.60
10	392	Sophie Perry	Tamworth AC	U17	F	2:45.34

800m Time :14:36

Heat:5

1	141	Thomas Dixon	Charnwood A C	U15	M	2:22.67
2	55	Amelia Briggs-Goode	Notts AC	U15	F	2:26.07
3	354	Hannah Noble	Retford AC	U15	F	2:26.87
4	57	Nancy Britten	Rushcliffe AC	U17	F	2:28.51
5	574	Sam Yates	Nuneaton Harriers	U15	M	2:28.65
6	102	Louise Cocking	Chesterfield and District AC	U17	F	2:29.04
7	33	Alice Bennett	Rugby and Northampton AC	U13	F	2:29.05
8	512	Alice Tolley	High Peak AC	U13	F	2:30.43
9	356	Yasmin Nutt	Notts AC	U17	F	2:31.92
10	367	Isobel Orencas	Wreake and Soar Valley	U15	F	2:34.41
11	68	Elsa Buchanan	Royal Sutton Coldfield AC	U15	F	2:44.61

800m Time :14:36

Heat:6

1	95	Christian Chapajong	Birchfield Harriers	U15	M	2:20.23
2	99	Eve Clawley	Tamworth AC	U17	F	2:24.08
3	514	Madeleine Tomes	Notts AC	U20	F	2:24.24
4	116	Valentina Costa	Derby AC	U15	F	2:25.57

CHARNWOOD

5	393	Chloe Pettitt	Birchfield Harriers	U17	F	2:26.62
6	127	Tom Davies	Holme Pierrepont Running Club	V35	M	2:26.76
7	566	Finlay Wilson	Notts AC	U15	M	2:27.83
8	308	Madeleine Mayes	Corby AC	U15	F	2:28.09
9	255	Chris Jordan	Derby AC	V40	M	2:30.73
10	474	Leah Spencer	Birchfield Harriers	U17	F	2:31.30
11	159	Imogen Edwards	Rushcliffe AC	U15	F	2:31.93
12	294	Allis Macfarlane	Burton AC	U20	F	2:48.08

800m Time :14:36

Heat:7

1	240	Finlay Hutchinson	Notts AC	U15	M	2:11.38
2	192	Tom Gibbons	Saffron AC	U17	M	2:12.76
3	188	Marcus Francis	Charnwood A C	U17	M	2:16.04
4	553	Paul Whittleton	Ilkeston Running Club	V40	M	2:16.24
5	271	James Kirkwood	Holme Pierrepont Running Club	Sen	M	2:16.74
6	161	Megan Ellison	Nene Valley Harriers	U20	F	2:17.87
7	318	Lauren McNeil	Mansfield Harriers	U17	F	2:19.48
8	236	Jessamine Hughes	Notts AC	U15	F	2:20.83
9	468	Adam Smyth	Tamworth AC	Sen	M	2:20.86
10	372	Amber Owens	Newark AC	U20	F	2:24.74
11	420	May Roberts	Mansfield Harriers	U20	F	2:26.78

800m Time :14:36

Heat:8

1	162	Ryan Elston	Charnwood A C	U17	M	2:04.78
2	307	Luca Mayes	Corby AC	U17	M	2:04.83
3	533	Hugo Villalobos Finigan	Birchfield Harriers	U17	M	2:06.22
4	406	Cameron Rawson	Sutton in Ashfield Harriers and /	U17	M	2:06.68
5	441	Marc Scott	Rushcliffe AC	Sen	M	2:07.71
6	44	Jordan Boam	Mansfield Harriers	Sen	M	2:08.07
7	239	Seamas Hurst	Charnwood A C	U17	M	2:08.86
8	345	Chris Nealon	Wreake and Soar Valley	U20	M	2:11.91
9	459	Anna Smith	Mansfield Harriers	U17	F	2:12.72
10	412	Andrew Reynolds	Holme Pierrepont Running Club	Sen	M	2:13.33
11	391	Dylan Perry	Charnwood A C	U20	M	2:15.99
12	481	Anton Stoger	Notts AC	U17	M	2:17.13

800m Time :14:36

Heat:9

1	337	Chris Monk	Mansfield Harriers	Sen	M	1:59.75
2	219	Harrison Hardy-Smith	Cannock and Stafford AC	U17	M	2:00.13
3	319	Campbell Menzies	Chesterfield and District AC	Sen	M	2:00.72
4	450	Ryan Shields	Birchfield Harriers	U17	M	2:01.81
5	268	Dylan King	Birchfield Harriers	U17	M	2:01.85
6	280	Jolyon Leavesley	Corby AC	U17	M	2:03.20
7	79	Jude Bush	Derby AC	U17	M	2:03.22
8	244	Alex Irvine	Notts AC	U17	M	2:03.22
9	145	Jack Douglas	Charnwood A C	U20	M	2:05.26
10	72	Jacob Buckley	Chesterfield and District AC	U20	M	2:06.27

CHARNWOOD

200m F Time :15:18

Heat:1 Wind : -1.1

1	91	Morgan Carter	Cannock and Stafford AC	U15	F	29.15
2	433	Yasmin Sakour	Saffron AC	U13	F	32.35
3	149	Libby Doyle	Saffron AC	U13	F	32.48
4	245	Tavia Jamieson-Blunt	Saffron AC	U13	F	33.06
5	160	Jasmine Ellis	Amber Valley and Erewash AC	U13	F	33.14
6	86	Melissa Cannon	Cannock and Stafford AC	U13	F	33.71
7	332	Scarlett Mitchell	Cannock and Stafford AC	U13	F	34.93
8	21	Lauren Bailey	Cannock and Stafford AC	U13	F	35.99

200m F Time :15:18

Heat:2 Wind : -1.7

1	42	Gabrielle Black	Saffron AC	U15	F	29.70
2	528	Lola Unsworth	Stockport Harriers and AC	U13	F	31.21
3	470	Honor Somerville-Cotton	Corby AC	U13	F	31.89
4	352	Abigail Nicholson	Notts AC	U13	F	32.17
5	67	Lyla Bryan	Wreake and Soar Valley	U13	F	32.19
6	133	Wendy Day	Lincoln Wellington AC	V45	F	32.25
7	445	Amelia Shackelford	Mansfield Harriers	U15	F	33.28

200m F Time :15:18

Heat:3 Wind : -2.3

1	535	Mia Wainwright	Cannock and Stafford AC	U13	F	30.07
2	571	Isabella Wrightam	Wreake and Soar Valley	U13	F	30.24
3	527	Mya Turner	Notts AC	U13	F	31.09
4	262	Daisy Kaye	Amber Valley and Erewash AC	U13	F	31.98
5	446	Bronwym Sharman	Notts AC	U13	F	32.07
6	512	Alice Tolley	High Peak AC	U13	F	32.88
7	119	Kae Crisp	Rugby and Northampton AC	U13	F	33.06
8	383	Millie Parrott	Charnwood A C	U13	F	35.03

200m F Time :15:18

Heat:4 Wind : -1.0

1	281	Serena Lee	Notts AC	U17	F	29.11
2	435	Charli Sampson	Charnwood A C	U15	F	29.12
3	24	Sofia Barrett	Corby AC	U13	F	30.59
4	153	Sophie Dunbobbin	Wreake and Soar Valley	U13	F	30.94
5	502	Georgiana Templeton	Retford AC	U17	F	31.24
6	205	Rebecca Grace Leather	Stockport Harriers and AC	U15	F	31.53

200m F Time :15:18

Heat:5 Wind : -1.6

1	560	Jasmine Williams	Stratford Upon Avon AC	U17	F	28.07
2	190	Millie French-Harling	Barnsley AC	U15	F	28.60
3	457	Ety Sisson	Charnwood A C	U15	F	28.91
4	518	Madison Torbitt	Wreake and Soar Valley	U15	F	29.04
5	164	Bryony Evans	Mansfield Harriers	U15	F	30.74
6	549	Victoria West	City of Sheffield and Dearne AC	U20	F	30.83

CHARNWOOD

7 376 Olivia Paddon Barnsley AC U15 F 30.87

200m F Time :15:18

Heat:6 Wind : -0.8

1	273	Holly Kone	Notts AC	U17	F	27.26
2	181	Paige Foster	Notts AC	U20	F	28.45
3	284	Bethany Lewis	Cannock and Stafford AC	U17	F	28.79
4	367	Isobel Orencas	Wreake and Soar Valley	U15	F	29.04
5	408	Charlotte Read	City of Sheffield and Dearne AC	U17	F	29.30
6	477	Ellie-Mae Staniforth	Charnwood A C	U17	F	29.50
7	513	Nell Tolley	High Peak AC	U15	F	29.69
8	221	Jasmine Harris-Hart	Retford AC	U17	F	31.56

200m F Time :15:18

Heat:7 Wind : -0.5

1	206	Iola Grant	Rugby and Northampton AC	U17	F	28.00
2	71	Emily Buckler	Hinckley Running Club	U15	F	28.06
3	108	Farrah Cook	Wreake and Soar Valley	U20	F	28.08
4	380	Millie Parker	Charnwood A C	U15	F	28.52
5	84	Lily Calvert	City of Sheffield and Dearne AC	U17	F	28.65
6	202	Emily Gostelow	Charnwood A C	U17	F	28.70
7	169	Grace Fairweather	Stratford Upon Avon AC	U17	F	28.98
8	410	Florence Reed	Notts AC	U20	F	29.50

200m F Time :15:18

Heat:8 Wind : -1.6

1	546	Jess Waters	Sutton in Ashfield Harriers and /	U20	F	26.80
2	8	Bethany Allott	Barnsley AC	U17	F	27.30
3	154	Amber Dunkley-Darby	Birchfield Harriers	U17	F	27.73
4	361	Teoni Ojibah	City of Sheffield and Dearne AC	U17	F	27.88
5	487	Mollie Swann	Charnwood A C	U17	F	28.28
6	207	Sienna Grant	Amber Valley and Erewash AC	U15	F	28.58
7	349	Holly Newham Else	Amber Valley and Erewash AC	U17	F	28.73

200m F Time :15:18

Heat:9 Wind : 0.0

1	300	Poppy Malik	Notts AC	U15	F	25.98
2	31	Mary Beetham-Green	Rugby and Northampton AC	U17	F	26.01
3	362	Leah Okorhi	Birchfield Harriers	U17	F	26.12
4	62	Ellie Brown	Charnwood A C	U17	F	26.67
5	27	Philippa Baxter	City of York AC	U20	F	26.82
6	522	Elizabeth Truslove	Rugby and Northampton AC	U17	F	27.24
7	93	Ellie Cartwright	Sutton in Ashfield Harriers and /	U17	F	32.67

200m F Time :15:18

Heat:10 Wind : -1.6

1	238	Amy Hunt	Charnwood A C	U17	F	24.55
2	299	Indiana Malik	Notts AC	U17	F	25.92
3	19	Anabel Bagley	City of Sheffield and Dearne AC	U20	F	26.06
4	74	Amelia Bunton	City of York AC	U17	F	26.36

AC OPENS

CHARNWOOD

5	301	Hannah Malpass	Cannock and Stafford AC	U20	F	26.73
200m M Time :15:58						
Heat:1 Wind : -1.0						
1	462	Fergus Smith	Charnwood A C	U17	M	23.98
2	478	Jake Sterland	Saffron AC	U17	M	24.43
3	355	Leon Norman Thomas	Notts AC	U17	M	26.01
4	2	Charlie Ablett	Notts AC	U17	M	26.52
5	278	Thomas Larkin	Cannock and Stafford AC	U13	M	28.78
6	257	Nataniel Jorge	Notts AC	U13	M	30.64
7	547	Alfred Waweru	Charnwood A C	U13	M	32.42
200m M Time :15:58						
Heat:2 Wind : -1.3						
1	212	Sam Haines	Ivanhoe Robins Junior AC	U13	M	29.34
2	381	Oliver Parker	Charnwood A C	U13	M	29.38
3	89	Harry Carrott	Charnwood A C	U13	M	30.24
4	494	Aleks Taylor	Retford AC	U15	M	30.60
5	35	Joseph Bennett	Amber Valley and Erewash AC	U13	M	32.31
6	577	Randall Yule	Charnwood A C	U13	M	32.39
7	63	Emlyn Brown	Charnwood A C	U13	M	32.64
8	197	Thomas Gleave	Retford AC	U13	M	35.18
200m M Time :15:58						
Heat:3 Wind : -0.7						
1	90	Jamie Carrott	Charnwood A C	U15	M	27.12
2	480	George Stevenson	Cannock and Stafford AC	U15	M	27.60
3	285	Ivars Licietis	Charnwood A C	V60	M	27.89
4	531	Finley Venables	Wreake and Soar Valley	U13	M	27.96
5	489	Tokoni Tamuno	Notts AC	U15	M	28.46
6	120	Kaiyuki Crisp	Rugby and Northampton AC	U15	M	28.48
7	574	Sam Yates	Nuneaton Harriers	U15	M	30.05
8	275	Freddie Kugelmann	Burton AC	U13	M	31.36
200m M Time :15:58						
Heat:4 Wind : -1.6						
1	452	Harrison Simms	Sutton in Ashfield Harriers and /	U15	M	26.39
2	359	Liam O'Dell	City Of Norwich AC	Sen	M	26.52
3	5	Yaw Afirifah-Mensah	Notts AC	U13	M	26.67
4	394	Darryl Pigott	Notts AC	V50	M	27.16
5	468	Adam Smyth	Tamworth AC	Sen	M	27.31
6	82	Nathan Cadman	Charnwood A C	U15	M	28.45
200m M Time :15:58						
Heat:5 Wind : -1.6						
1	250	Joshua Jolob	Charnwood A C	U17	M	23.81
2	353	Cameron Nightingale	Notts AC	U17	M	24.75
3	56	Ben Brinsdon	Birchfield Harriers	U15	M	25.20
4	113	Freddie Cooper	Notts AC	U15	M	25.27
5	302	James Malpass	Cannock and Stafford AC	U15	M	25.35

CHARNWOOD

6	504	Daniel Thomas	Notts AC	U17	M	25.45
200m M Time :15:58						
Heat:6 Wind : -1.1						
1	562	Alfie Williams-Hughes	Notts AC	U17	M	24.17
2	576	Thomas Young	Charnwood A C	U20	M	24.24
3	287	Oliver Lloyd	Notts AC	U17	M	24.31
4	198	Ross Goode	Cannock and Stafford AC	U17	M	24.83
5	396	Joe Porter	Cannock and Stafford AC	U17	M	25.69
6	20	Jared Bailey	Sutton in Ashfield Harriers and /	U17	M	26.25
7	182	Ben Foulston	Charnwood A C	U20	M	26.63

200m M Time :15:58						
Heat:7 Wind : -1.5						
1	177	Charles Fisher	Telford AC	U17	M	23.22
2	256	Loreni Jorge	Notts AC	U17	M	23.30
3	139	Joseph Dickenson	Amber Valley and Erewash AC	U20	M	23.85
4	416	Alasdair Rigby	Cannock and Stafford AC	Sen	M	23.92
5	426	Timi Rotimi-Toviho	Notts AC	U20	M	24.16
6	344	Arim Mustafa	Notts AC	U17	M	26.21

200m M Time :15:58						
Heat:8 Wind : -1.1						
1	224	Joel Harvey	Brighton and Hove AC	Sen	M	22.43
2	568	Thomas Wood	Wakefield District H and AC	U17	M	22.97
3	370	Alfie Orpwood-Colton	Notts AC	U17	M	23.19
4	541	Shay Walker	City of Sheffield and Dearne AC	Sen	M	23.43
5	151	Jose Duhaney	Birchfield Harriers	U17	M	23.48
6	215	Peter Hall	Notts AC	V35	M	23.58
7	170	Samuel Fairweather	Sutton in Ashfield Harriers and /	U20	M	23.95

200m M Time :15:58						
Heat:9 Wind : -1.7						
1	201	Ryan Gorman	Notts AC	Sen	M	22.00
2	167	Jordan Fairclough	Liverpool Harriers AC	Sen	M	22.59
3	463	Jody Smith	Charnwood A C	U20	M	22.98

1500m Time :16:35						
Heat:1						
1	48	Sarah Bourne	Derby AC	U13	F	5:20.95
2	357	Daniel Oakland	Charnwood A C	U13	M	5:33.24
3	390	Charlotte Perry	Tamworth AC	U17	F	5:35.00
4	283	Louisa Lemon	Notts AC	U20	F	5:35.64
5	265	Ella Kennedy	Mansfield Harriers	U13	F	5:36.65
6	538	Daisy Walker	Notts AC	U13	F	5:37.32
7	542	Gracie-Rose Walters	Charnwood A C	U13	F	5:38.04
8	229	Louise Hirst	Sleaford Striders AC	U13	F	5:38.44
9	532	Tegan Vickery	Tamworth AC	U15	F	5:38.94
10	358	Isabel Oakland	Charnwood A C	U15	F	5:40.14
11	16	Rosie Ashmore	Wreake and Soar Valley	U13	F	5:40.48

CHARNWOOD

12	228	Holly Hipkiss	Notts AC	U13	F	5:43.37
13	123	Hugo Cullen	Doncaster AC	U13	M	5:50.25
14	263	Jessica Keller	Wreake and Soar Valley	U13	F	5:51.29
15	339	Samuel Morrey	Leamington Cycling AC	U13	M	5:53.17
16	53	Ruth Brandon	Holme Pierrepont Running Club	V45	F	5:53.50
17	467	John-Paul Smith McGloin	Notts AC	U13	M	5:58.21
18	253	Harriet Jones	Rushcliffe AC	U15	F	6:23.22

1500m Time :16:35

Heat:2

1	414	Emma Richards	Saffron AC	U17	F	5:09.19
2	153	Sophie Dunbobbin	Wreake and Soar Valley	U13	F	5:11.35
3	571	Isabella Wrightam	Wreake and Soar Valley	U13	F	5:11.47
4	514	Madeleine Tomes	Notts AC	U20	F	5:12.74
5	401	Sarah Purser	West End Runners	V40	F	5:14.35
6	371	Jake Orr	Mansfield Harriers	U13	M	5:16.27
7	548	Eliza Weselby	Wreake and Soar Valley	U15	F	5:20.04
8	509	Rosie Timlock	Wreake and Soar Valley	U17	F	5:20.28
9	315	Alex Mcurtrie	Rugby and Northampton AC	V50	M	5:20.37
10	351	Rachel Newport	Charnwood A C	U13	F	5:20.96
11	217	Abigail Hamer	Tamworth AC	U15	F	5:22.28
12	203	Amelia Gould	Notts AC	U17	F	5:31.17
13	142	Caitlin Dodds	Mansfield Harriers	U15	F	5:33.14
14	530	Rebecca Van Aardt	Wreake and Soar Valley	U13	F	5:37.38
15	510	Madeleine Todd	Corby AC	U15	F	5:38.92

1500m Time :16:35

Heat:3

1	51	Emil Bowry	Notts AC	U17	M	4:37.77
2	391	Dylan Perry	Charnwood A C	U20	M	4:38.00
3	122	Henry Cullen	Doncaster AC	U15	M	4:42.64
4	363	Solomon Okrafo-Smart	Absolute Tri	U15	M	4:43.94
5	439	Amber Scott	Mansfield Harriers	U20	F	4:47.46
6	137	Harry Denton	Grantham AC	U15	M	4:49.72
7	210	Jake Greenhalgh	Notts AC	U13	M	4:51.55
8	291	Katie Lord	Nottingham University	U20	F	4:51.98
9	269	Indienne King	Wreake and Soar Valley	U15	F	4:54.22
10	306	Claire Martin	Telford AC	V40	F	4:55.78
11	454	Theo Simpson	Notts AC	U13	M	4:57.16
12	442	Mollie Scott	Retford AC	U20	F	4:57.37
13	379	Katie Parker	Wreake and Soar Valley	U15	F	5:00.17
14	529	Daniel Van Aardt	Wreake and Soar Valley	U13	M	5:05.98
15	46	Olivia Bonshor	Charnwood A C	U15	F	5:08.23
16	411	Ava Remzi	Notts AC	U17	F	5:18.10
17	350	Gemma Newport	Charnwood A C	U15	F	5:21.62

1500m Time :16:35

Heat:4

1	22	Matthew Barnes	Notts AC	U17	M	4:15.20
2	524	William Tucker	Grantham AC	U20	M	4:16.92

CHARNWOOD

3	36	Noah Bennett	Rugby and Northampton AC	U15	M	4:21.13
4	461	Ben Smith	Mansfield Harriers	U17	M	4:23.46
5	333	Finn Moffatt	Rushcliffe AC	U17	M	4:23.81
6	422	Joshua Robins	Birchfield Harriers	U15	M	4:23.85
7	486	Peter Swaine	Charnwood A C	V40	M	4:29.16
8	310	Sam mcFall	Birchfield Harriers	U17	M	4:32.79
9	317	William McMurtrie	Rugby and Northampton AC	U20	M	4:33.48
10	218	Lori Handbury	Notts AC	Sen	F	4:34.39
11	30	Harley Beech-Mcphilbin	Notts AC	U17	M	4:40.73
12	171	William Fairweather	Sutton in Ashfield Harriers and /	U17	M	4:43.03
13	385	Ed Parry	Rushcliffe AC	U15	M	4:45.41
14	17	Mia Atkinson	Charnwood A C	U17	F	4:47.88
15	511	Maya Todd Mcintyre	Rushcliffe AC	U17	F	4:49.92
16	421	Finnan Robins	Birchfield Harriers	U13	M	4:50.59

AC OPENS

300m Time :16:58

Heat:1

1	136	Sophia Deans	Birchfield Harriers	U15	F	44.76
2	354	Hannah Noble	Retford AC	U15	F	45.86
3	518	Madison Torbitt	Wreake and Soar Valley	U15	F	46.82
4	311	Ani Mcfarlane	Charnwood A C	U15	F	52.28
5	281	Serena Lee	Notts AC	U17	F	80.33

300m Time :16:58

Heat:2

1	179	Libby Fort	Charnwood A C	U17	F	44.57
2	94	Zena Challenger	Wreake and Soar Valley	U17	F	44.58
3	330	Flora Miskin-Young	Wreake and Soar Valley	U15	F	46.38
4	246	Angela Jille	Saffron AC	U17	F	46.66
5	477	Ellie-Mae Staniforth	Charnwood A C	U17	F	46.90
6	166	Neve Evans	Charnwood A C	U15	F	47.04
7	295	Eilidh Maclean	Harborough AC	U17	F	48.48

300m Time :16:58

Heat:3

1	342	Holly Murray	Stockport Harriers and AC	U17	F	42.19
2	249	Victoria Johnson	Charnwood A C	U17	F	42.80
3	45	Lydia Bonshor	Charnwood A C	U17	F	43.76
4	185	Olivia Fowler	Crewe and Nantwich AC	U15	F	43.77
5	148	Fenella Downes	Rugby and Northampton AC	U17	F	45.31
6	487	Mollie Swann	Charnwood A C	U17	F	46.20
7	284	Bethany Lewis	Cannock and Stafford AC	U17	F	46.22

300m Time :16:58

Heat:4

1	56	Ben Brinsdon	Birchfield Harriers	U15	M	38.44
2	545	Aaron Warmington	Birchfield Harriers	U15	M	39.49
3	329	Emily Misantoni	Stockport Harriers and AC	U17	F	41.59
4	99	Eve Clawley	Tamworth AC	U17	F	42.95
5	209	Jasmine Greenaway	Charnwood A C	U17	F	44.46

CHARNWOOD

400m Time :17:27

Heat:1

1	462	Fergus Smith	Charnwood A C	U17	M	53.32
2	382	Samuel Parr	Cannock and Stafford AC	U20	M	55.34
3	437	Joshua Saunders	Saffron AC	U17	M	55.74
4	211	Neve Grimes	Charnwood A C	U20	F	62.35
5	579	Sophia Howard	Charnwood A C	V50	F	89.93

400m Time :17:27

Heat:2

1	124	Harry Culpin	Charnwood A C	U17	M	56.63
2	572	Sian Wyn-Jones	Solihull and Small Heath AC	Sen	F	60.07
3	394	Darryl Pigott	Notts AC	V50	M	60.58
4	316	Amelia McMurtrie	Rugby and Northampton AC	U17	F	62.68
5	112	Eleanor Cooper	Notts AC	U20	F	63.30
6	183	Stewart Fountain	Eastern Veterans AC	V50	M	64.86
7	65	Sally Brown	Springwell Running Club	Sen	F	67.25
8	158	Samantha Dyson	Saffron AC	U17	F	69.69

400m Time :17:27

Heat:3

1	552	Samuel Whittaker	Rugby and Northampton AC	U17	M	56.64
2	7	Natalie Ainge	Cannock and Stafford AC	Sen	F	57.75
3	432	Jayden Saberton	City of Sheffield and Dearne AC	U20	M	57.92
4	157	James Dwyer	Notts AC	U20	M	59.24
5	195	Kieran Gillespie	Grimsby Harriers AC	U20	M	59.52
6	348	Isabelle Neville	Tamworth AC	U20	F	59.53
7	369	Josh Orme-Herbert	Charnwood A C	U20	M	63.09

400m Time :17:27

Heat:4

1	111	Alex Cooper	Notts AC	U17	M	52.75
2	290	Jack Longmore	Cannock and Stafford AC	Sen	M	54.12
3	232	Omar Holness	Birchfield Harriers	U17	M	54.34
4	444	Daniel Sepede	Charnwood A C	U17	M	57.32

400m Time :17:27

Heat:5

1	47	Alex Botterill	City of York AC	U20	M	50.44
2	14	David Aryeetey	Charnwood A C	U20	M	53.06
3	175	Alistair Finlay	Leicester Coritanian AC	U20	M	55.08

1 Mile Time :17:38

Heat:1

1	473	Zach Spence	Wreake and Soar Valley	U17	M	5:00.92
2	412	Andrew Reynolds	Holme Pierrepont Running Club	Sen	M	5:04.11
3	334	Graham Moffatt	Rushcliffe AC	V50	M	5:13.23
4	472	Lucas Spence	Wreake and Soar Valley	U15	M	5:21.84
5	320	Will Meredith	Holme Pierrepont Running Club	V45	M	5:24.38

CHARNWOOD

6	503	Samuel Templeton	Retford AC	U17	M	5:28.32
7	247	Eammon Jille	Saffron AC	U13	M	5:43.87
8	184	Neil Fowler	Crewe and Nantwich AC	V50	M	5:43.92
9	352	Abigail Nicholson	Notts AC	U13	F	6:07.71
10	288	Matt Long	South Derbyshire Road Runners	V45	M	6:10.98
11	227	Simon Higson	Holme Pierrepont Running Club	V40	M	6:23.09
12	231	Katie Holmes	Holme Pierrepont Running Club	V55	F	7:14.03

Hammer <40m

1	443	Rory Searle	Rugby and Northampton AC	U17	M	42.36
2	73	Amy Bunting	Lincoln Wellington AC	U15	F	37.88
3	313	Amy Mcloughlin	Charnwood A C	U17	F	37.83
4	289	Nicola Long	Burton AC	V40	F	30.21
5	429	Chloe Rowberry	Newark AC	U20	F	27.82
6	456	Robert Sims	Amber Valley and Erewash AC	Sen	M	26.16
7	194	James Gillespie	Eastern Veterans AC	V55	M	24.99
8	455	Bob Sims	Chesterfield and District AC	V60	M	21.76
9	38	Euan Benson	Stockport Harriers and AC	U20	M	20.81

Long Jump Males <5m

1	120	Kaiyuki Crisp	Rugby and Northampton AC	U15	M	4.62
2	140	Lucas Dixon	Saffron AC	U15	M	4.55
3	4	Kwadwo Afirifah-Mensah	Notts AC	U13	M	3.95
4	387	Zac Pasqualin	Rugby and Northampton AC	U11	M	3.79
5	26	Thomas Bavin	Rushcliffe AC	U13	M	3.79
6	1	Callum Abbott	Cannock and Stafford AC	U15	M	3.77
7	366	Sam Orange	Wreake and Soar Valley	U13	M	3.75
8	515	Leo Tomsett	Notts AC	U13	M	3.68
9	577	Randall Yule	Charnwood A C	U13	M	3.63
10	339	Samuel Morrey	Leamington Cycling AC	U13	M	3.62
11	197	Thomas Gleave	Retford AC	U13	M	3.57
12	564	Finn Williams-Stein	Leamington Cycling AC	U11	M	3.56
13	88	Henry Carlile	Hinckley Running Club	U13	M	3.52
14	517	Nathan Toon	Saffron AC	U11	M	2.55

Pole Vault <3m

1	405	Scott Ram	Amber Valley and Erewash AC	U20	M	3.10
2	3	Kofi Afirifah-Mensah	Notts AC	U15	M	2.80
3	438	Luke Sayer	Newark AC	U20	M	2.60
4	395	Lottie Pinchess	Charnwood A C	U15	F	2.60
5	78	Freddie Burton	Derby AC	U17	M	2.50
6	373	Lauren Owens	Newark AC	U17	F	2.40
7	449	Emily Sherriff	Notts AC	U15	F	1.70

Hammer 40m+

1	419	Jacob Roberts	Notts AC	U20	M	59.52
2	146	Ross Douglas	Charnwood A C	Sen	M	56.38
3	243	Harry Ilyk	Notts AC	U20	M	56.32
4	400	Anna Purchase	Notts AC	U20	F	55.80
5	526	Jack Turner	Cannock and Stafford AC	U17	M	52.62

CHARNWOOD

6	176	Kirsty Finlay	Notts AC	U17	F	52.03
7	87	Jacob Careless	Notts AC	U17	M	50.99
8	428	Jasmine Routledge	Charnwood A C	U17	F	50.31
9	534	Andrejs Virsics	Coventry Godiva Harriers	Sen	M	48.90
10	28	Poppy Bean	Notts AC	U20	F	47.70
11	6	Harriet Ahlgren	Notts AC	Sen	F	47.12
12	178	Lucy Forrest	Rotherham Harriers AC	U17	F	46.86
13	9	Tilly Allsopp	Notts AC	U17	F	42.96
14	193	Katie Gibson	Kettering Town Harriers	U15	F	42.86
15	241	Kelse Hutchinson	Derby AC	Sen	F	41.69
16	436	Nikeeta Sandhu	Notts AC	U20	F	41.57
17	23	Paige Barnes	Loughborough Students AC	U20	F	40.81
18	110	Ian Cooley	Rotherham Harriers AC	V60	M	38.87
19	402	Lily-May Pursey	Rugby and Northampton AC	U17	F	37.52
20	266	James Kew-Moss	Charnwood A C	Sen	M	29.68

AC OPENS

Long Jump Females <4m

1	464	Kamiya Smith	Coventry Godiva Harriers	U15	F	4.21
2	10	Sophie Anderton	Notts AC	U13	F	4.02
3	431	Mar Ruiz-Monserrat	Charnwood A C	U15	F	3.98
4	260	Millie Kappen	Rushcliffe AC	U17	F	3.90
5	172	Jessica Farrar	Charnwood A C	U13	F	3.84
6	516	Isabella Toon	Saffron AC	U13	F	3.78
7	119	Kae Crisp	Rugby and Northampton AC	U13	F	3.74
8	229	Louise Hirst	Sleaford Striders AC	U13	F	3.72
9	76	Isabelle Burlington	Mansfield Harriers	U13	F	3.59
10	144	Evie Donnelly	Charnwood A C	U13	F	3.58
11	153	Sophie Dunbobbin	Wreake and Soar Valley	U13	F	3.58
12	121	Ainslea Cross	Charnwood A C	V35	F	3.50
13	297	Millie Mae John	Cannock and Stafford AC	U13	F	3.37
14	479	Eswen Stevenson	Cannock and Stafford AC	U13	F	3.28
15	398	Hannah Preece	Ivanhoe Robins Junior AC	U13	F	3.02
16	446	Bronwym Sharman	Notts AC	U13	F	3.00
17	258	Megan Joyce	Amber Valley and Erewash AC	U13	F	2.93
18	536	Sapphire Wainwright	Cannock and Stafford AC	U11	F	2.80
19	498	Katarina Taylor	Retford AC	U13	F	2.77

Discus <30m

1	233	Benjamin Howard	Burton AC	V35	M	29.39
2	417	Caitlin Rimmer	City of Sheffield and Dearne AC	U17	F	28.80
3	447	Abigail Sharples	Lincoln Wellington AC	U17	F	28.18
4	402	Lily-May Pursey	Rugby and Northampton AC	U17	F	27.52
5	78	Freddie Burton	Derby AC	U17	M	26.74
6	551	Louise Whitehouse	Birchfield Harriers	U17	F	25.70
7	194	James Gillespie	Eastern Veterans AC	V55	M	25.35
8	321	Luca Michalowski	Charnwood A C	U15	M	24.50
9	195	Kieran Gillespie	Grimsby Harriers AC	U20	M	24.47
10	178	Lucy Forrest	Rotherham Harriers AC	U17	F	24.36
11	66	Sophie Brown	Mansfield Harriers	U15	F	22.14
12	248	Zeibeg Jille	Saffron AC	U15	M	20.21

CHARNWOOD

13	435	Charli Sampson	Charnwood A C	U15	F	19.13
14	322	Zack Michalowski	Charnwood A C	U15	M	15.97
15	457	Etty Sisson	Charnwood A C	U15	F	15.91
16	34	Grace Bennett	Amber Valley and Erewash AC	U15	F	14.33
17	128	Megan Davis	Rushcliffe AC	U15	F	13.82
18	88	Henry Carlile	Hinckley Running Club	U13	M	12.54
19	556	Isobelle Wilebore	Hinckley Running Club	U17	F	10.05

High Jump Females

1	19	Anabel Bagley	City of Sheffield and Dearne AC	U20	F	1.55
2	499	Megan Taylor	Leeds City AC	U17	F	1.50
3	573	Charlie Yates	Amber Valley and Erewash AC	U15	F	1.50
4	471	Matilda Somerville-Cotton	Corby AC	U15	F	1.40
4	129	Erica Davison	City of Sheffield and Dearne AC	U15	F	1.40
4	211	Neve Grimes	Charnwood A C	U20	F	1.40
7	186	Millie France	Notts AC	U17	F	1.35
8	578	Xcena Pasqualin	Rugby and Northampton AC	U15	F	1.35
9	10	Sophie Anderton	Notts AC	U13	F	1.30
10	464	Kamiya Smith	Coventry Godiva Harriers	U15	F	1.30
11	434	Lucy Salter	Crewe and Nantwich AC	U13	F	1.20
12	508	Robyn Tilsley	Amber Valley and Erewash AC	U15	F	1.15
13	160	Jasmine Ellis	Amber Valley and Erewash AC	U13	F	1.10

Long Jump Males 5m+

1	405	Scott Ram	Amber Valley and Erewash AC	U20	M	6.00
2	413	Louis Rice	Amber Valley and Erewash AC	U20	M	5.60
3	302	James Malpass	Cannock and Stafford AC	U15	M	5.33
4	438	Luke Sayer	Newark AC	U20	M	5.23
5	274	Daniel Kosmaczewski	Saffron AC	U17	M	5.13
6	15	Christopher Ashmore	Mansfield Harriers	V55	M	4.96
7	82	Nathan Cadman	Charnwood A C	U15	M	4.17

Pole Vault 3m+

1	327	Felicia Miloro	Sutton in Ashfield Harriers and /	U20	F	3.80
2	331	Jordan Mitchell	Sutton in Ashfield Harriers and /	Sen	M	3.60
3	476	Ben Stanbury	Cambridge Harriers	Sen	M	3.60
4	32	Thomas Benfield	Burton AC	U20	M	3.50
5	124	Harry Culpin	Charnwood A C	U17	M	3.40
6	563	Cameron Williams-Stein	Leamington Cycling AC	U17	M	3.30

Shot <10m

1	195	Kieran Gillespie	Grimsby Harriers AC	U20	M	9.45
2	447	Abigail Sharples	Lincoln Wellington AC	U17	F	8.99
3	399	Rebecca Preece	Charnwood A C	U15	F	8.66
4	211	Neve Grimes	Charnwood A C	U20	F	8.57
5	194	James Gillespie	Eastern Veterans AC	V55	M	8.28
6	186	Millie France	Notts AC	U17	F	8.21
7	260	Millie Kappen	Rushcliffe AC	U17	F	7.55
8	107	Amy Cook	Tamworth AC	U15	F	7.53
9	501	Karla Tece	Derby AC	U20	F	7.46

CHARNWOOD

10	558	Allana Williams	Cannock and Stafford AC	U13	F	6.76
11	282	Shannon Lee	Cannock and Stafford AC	U13	F	6.69
12	40	Amy Bettridge	Notts AC	U13	F	5.74
13	498	Katarina Taylor	Retford AC	U13	F	4.96

Long Jump Females 4m+

1	491	Freya Tarbit	Derby AC	U20	F	5.29
2	539	Ellie Walker	City of Sheffield and Dearne AC	U20	F	4.94
3	129	Erica Davison	City of Sheffield and Dearne AC	U15	F	4.83
4	276	Jessica Lake	Mansfield Harriers	U17	F	4.72
5	200	Hermarni Gordon	Amber Valley and Erewash AC	U15	F	4.58
6	55	Amelia Briggs-Goode	Notts AC	U15	F	4.57
7	482	Savannah Storey	Worksop Harriers	U17	F	4.53
8	75	Megan Burge	Rugby and Northampton AC	U15	F	4.52
9	501	Karla Teece	Derby AC	U20	F	4.40
10	136	Sophia Deans	Birchfield Harriers	U15	F	4.30
11	295	Eilidh Maclean	Harborough AC	U17	F	4.23
12	169	Grace Fairweather	Stratford Upon Avon AC	U17	F	4.20
13	493	Madeleine Tatham	Amber Valley and Erewash AC	U15	F	4.18
14	417	Caitlin Rimmer	City of Sheffield and Dearne AC	U17	F	4.15
15	242	Anna Hutson	Notts AC	U15	F	4.09
16	435	Charli Sampson	Charnwood A C	U15	F	4.07
17	128	Megan Davis	Rushcliffe AC	U15	F	3.97
18	216	Jeany Halsey	Ivanhoe Robins Junior AC	U15	F	3.92
19	34	Grace Bennett	Amber Valley and Erewash AC	U15	F	3.90
20	199	Alexa Gordon	Amber Valley and Erewash AC	U13	F	3.89

High Jump Males

1	540	Kaya Walker	City of Sheffield and Dearne AC	U20	M	2.03
2	554	Harry Whyley	Notts AC	U17	M	1.87
3	124	Harry Culpin	Charnwood A C	U17	M	1.75
4	274	Daniel Kosmaczewski	Saffron AC	U17	M	1.65
5	321	Luca Michalowski	Charnwood A C	U15	M	1.60
6	369	Josh Orme-Herbert	Charnwood A C	U20	M	1.60
7	292	Sam Lowings	Charnwood A C	U15	M	1.55
8	18	Makar Babenko	Retford AC	U15	M	1.45
9	267	Joel Kilford	Notts AC	U17	M	1.40
10	322	Zack Michalowski	Charnwood A C	U15	M	1.35
11	174	Callum Findly	Rushcliffe AC	U15	M	1.25

Shot 10m+

1	336	Hannah Molyneaux	City of Sheffield and Dearne AC	U20	F	14.62
2	415	Matthew Ridge	Charnwood A C	Sen	M	13.67
3	41	Fenton Bishop-Timings	Rugby and Northampton AC	U17	M	12.62
4	389	Tom Pearson	Charnwood A C	Sen	M	11.94
5	39	Holly Benson	Stockport Harriers and AC	U17	F	11.69
6	261	Christopher Kay	Leicester Coritanian AC	Sen	M	11.38
7	178	Lucy Forrest	Rotherham Harriers AC	U17	F	10.91
8	458	Jake Sisson	Charnwood A C	U17	M	10.40
9	402	Lily-May Pursey	Rugby and Northampton AC	U17	F	10.25

CHARNWOOD

10	329	Emily Misantoni	Stockport Harriers and AC	U17	F	9.77
11	38	Euan Benson	Stockport Harriers and AC	U20	M	9.67
12	417	Caitlin Rimmer	City of Sheffield and Dearne AC	U17	F	9.62
13	233	Benjamin Howard	Burton AC	V35	M	9.49
14	251	Charlotte Jones	Charnwood A C	U20	F	9.40

Javelin <30m

1	368	Eleanor Orme-Herbert	Charnwood A C	U13	F	27.57
2	164	Bryony Evans	Mansfield Harriers	U15	F	27.37
3	399	Rebecca Preece	Charnwood A C	U15	F	25.84
4	242	Anna Hutson	Notts AC	U15	F	24.91
5	321	Luca Michalowski	Charnwood A C	U15	M	24.80
6	571	Isabella Wrightam	Wreake and Soar Valley	U13	F	19.19
7	431	Mar Ruiz-Monserrat	Charnwood A C	U15	F	19.08
8	18	Makar Babenko	Retford AC	U15	M	19.03
9	144	Evie Donnelly	Charnwood A C	U13	F	18.26
10	212	Sam Haines	Ivanhoe Robins Junior AC	U13	M	16.08
11	172	Jessica Farrar	Charnwood A C	U13	F	12.25
12	229	Louise Hirst	Sleaford Striders AC	U13	F	11.83
13	260	Millie Kappen	Rushcliffe AC	U17	F	11.22

Triple Jump

1	563	Cameron Williams-Stein	Leamington Cycling AC	U17	M	12.03
2	213	Elliot Hall	Charnwood A C	U17	M	11.18
3	525	Christopher Turner	Amber Valley and Erewash AC	U15	M	10.84
4	2	Charlie Ablett	Notts AC	U17	M	10.65
5	468	Adam Smyth	Tamworth AC	Sen	M	10.61
6	573	Charlie Yates	Amber Valley and Erewash AC	U15	F	10.52
7	424	Lucy Robinson	Stockport Harriers and AC	U15	F	10.38
8	276	Jessica Lake	Mansfield Harriers	U17	F	10.06
9	50	Lauren Bowman	Birchfield Harriers	U17	F	9.92
10	205	Rebecca Grace Leather	Stockport Harriers and AC	U15	F	9.52
11	507	Amber Threlfall	Birchfield Harriers	U15	F	9.45
12	482	Savannah Storey	Worksop Harriers	U17	F	9.10
13	489	Tokoni Tamuno	Notts AC	U15	M	8.75

Javelin 30m+

1	125	Richard Dangerfield	Cardiff AAC	Sen	M	58.11
2	143	Tom Dollery	Taunton AC	U17	M	55.79
3	41	Fenton Bishop-Timings	Rugby and Northampton AC	U17	M	46.88
4	543	Bekah Walton	Blackheath and Bromley Harrier	U20	F	41.97
5	385	Ed Parry	Rushcliffe AC	U15	M	40.39
6	11	Alex Arbon	Sutton in Ashfield Harriers and /	U15	F	37.64
7	196	Alex Gillott	Amber Valley and Erewash AC	U20	M	37.15
8	537	Ben Walker	Charnwood A C	U17	M	35.32
9	233	Benjamin Howard	Burton AC	V35	M	35.26
10	107	Amy Cook	Tamworth AC	U15	F	35.08
11	64	Jessie Brown	Amber Valley and Erewash AC	U17	F	35.06
12	384	Sam Parrott	Charnwood A C	U17	M	33.23

CHARNWOOD

Discus 30m+

1	187	Eden Francis	Leicester Coritanian AC	Sen	F	50.71
2	389	Tom Pearson	Charnwood A C	Sen	M	36.99
3	415	Matthew Ridge	Charnwood A C	Sen	M	35.03
4	458	Jake Sisson	Charnwood A C	U17	M	34.43
5	492	Shay Tarbit	Derby AC	U17	M	34.28
6	41	Fenton Bishop-Timings	Rugby and Northampton AC	U17	M	33.48
7	261	Christopher Kay	Leicester Coritanian AC	Sen	M	33.07

AC OPENS